

Week 8: Tissue Mechanobiology

Mahmut Selman Sakar

Institute of Mechanical Engineering, EPFL

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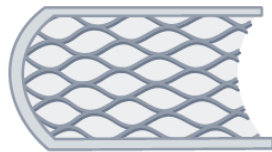
Endothelial Mechanobiology

- Endothelial cells cover the luminal surface of the vasculature
- A collection of intertwined stresses
- Contact stresses emanating from physical features of the underlying substrate
 - Substrate topography, curvature, stiffness
- Fluid-derived stresses due to blood flow
 - Shear (frictional) stress on the apical surface of endothelial cells, compressive blood pressure, circumferential (hoop) stresses

Endothelial Mechanobiology

CONTACT-DERIVED STRESSES

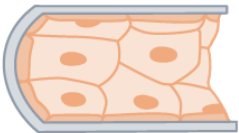
TOPOGRAPHY



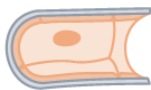
Thickness
100-400 nm (x2)
Fibers & pores
10 nm

CURVATURE

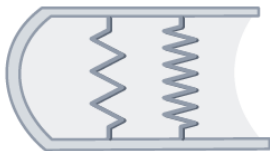
0.1 mm⁻¹



100 mm⁻¹



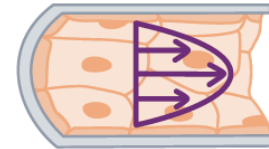
STIFFNESS



2 kPa - 2 MPa
(100 kPa - 4 MPa)

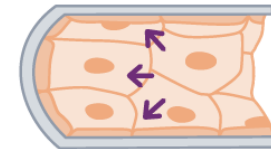
FLOW-DERIVED STRESSES

SHEAR STRESS



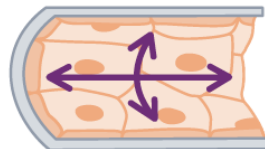
Luminal
0.1-5 Pa
Transmural &
Interstitial
 $v \sim 1 \mu\text{s}^{-1}$

PRESSURE

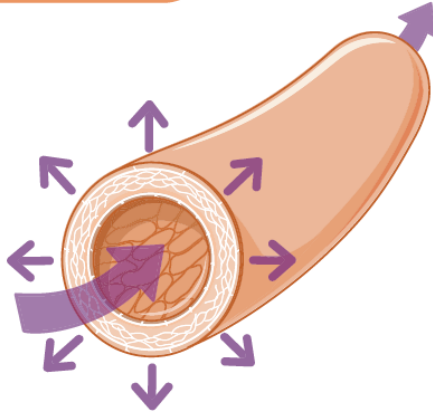


Arteries
~120/80 mmHg
(~200/130 mmHg)
Veins
~10 mmHg

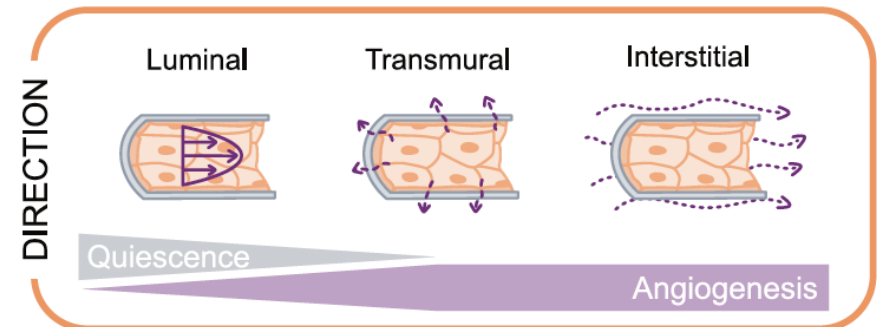
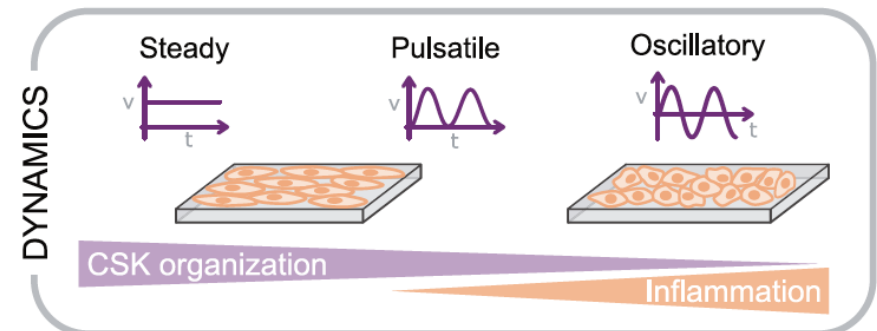
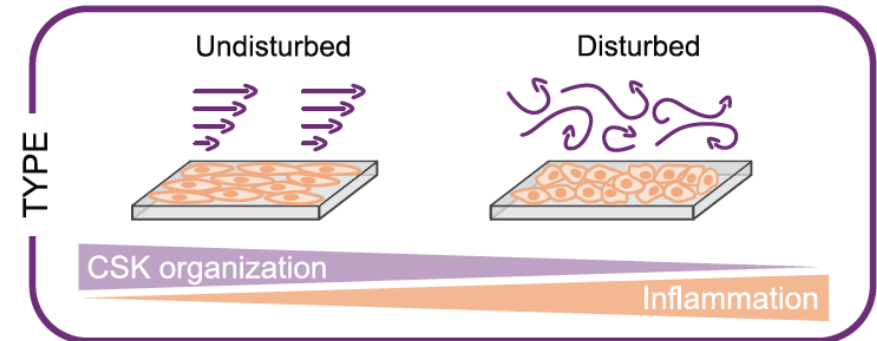
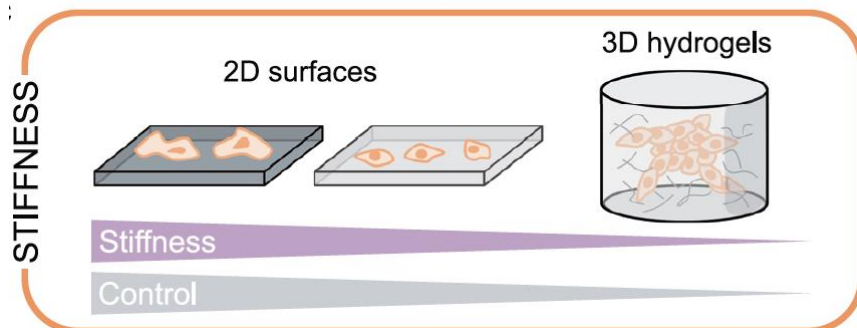
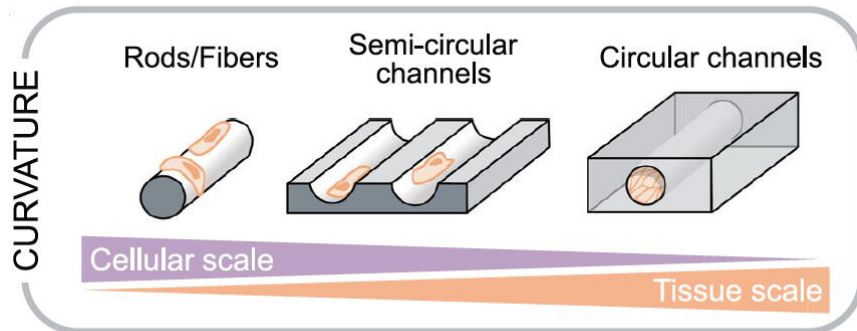
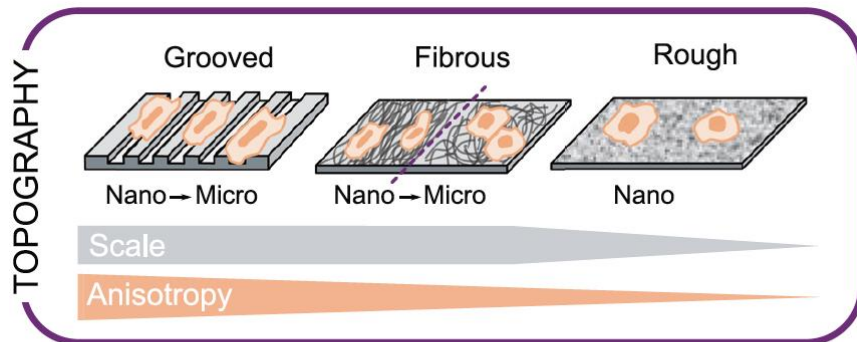
TENSILE STRAIN



Circumferential
5-10 % (15-20 %)
Axial
0-20 %

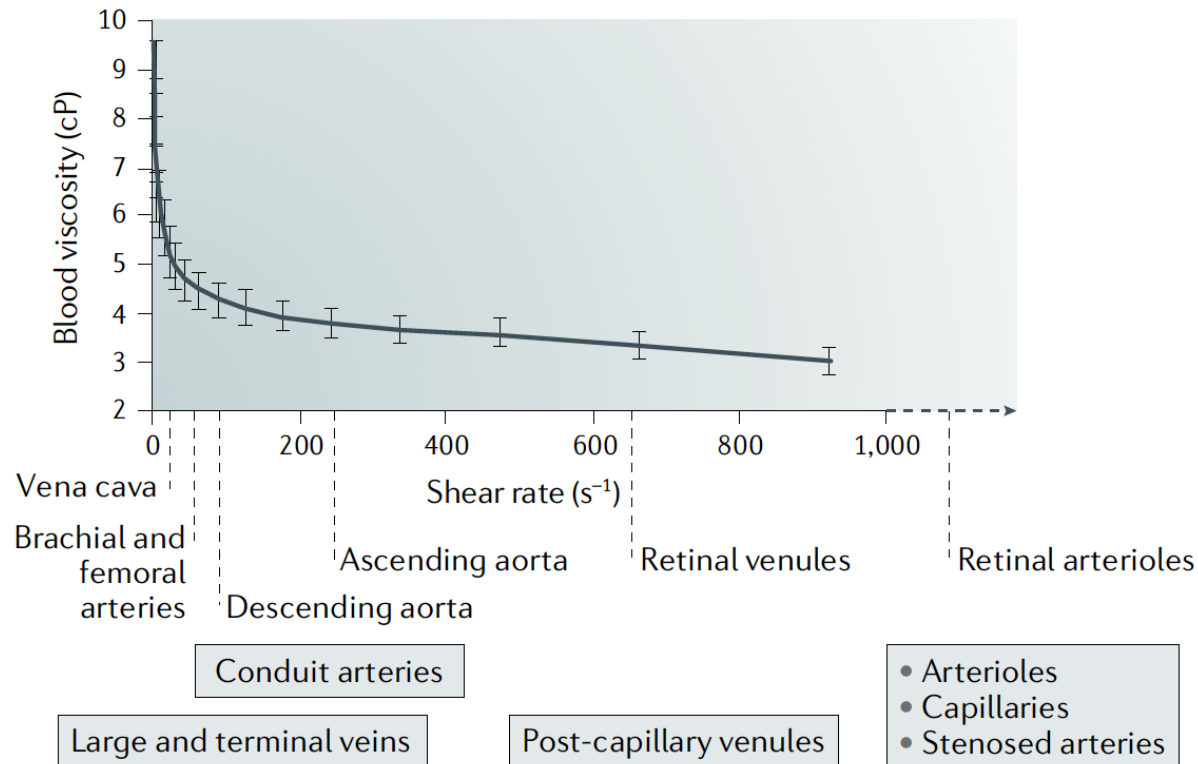


Endothelial Mechanobiology



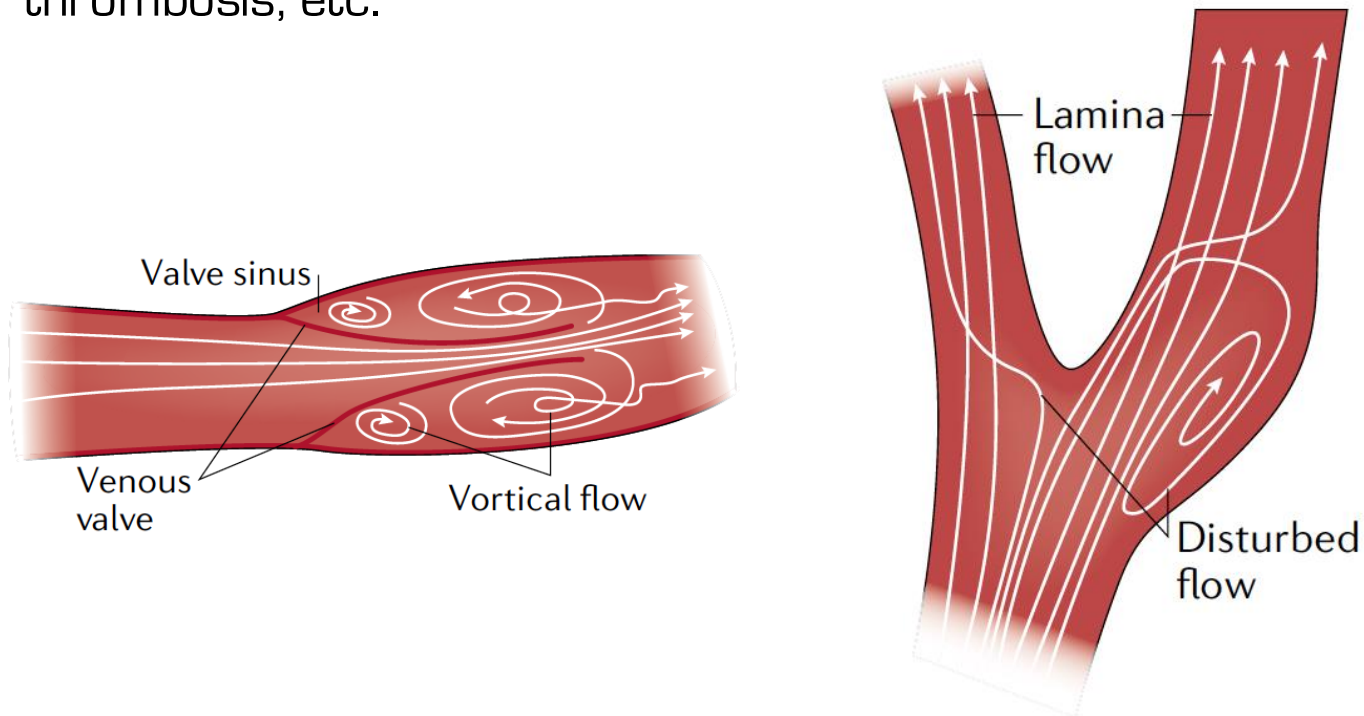
Blood flow

- Blood is a non-Newtonian fluid
- At sufficiently low shear rates (below 100s^{-1}) exhibits shear-thinning
- Time-averaged wall shear stress: 1 Pa (aorta) to 5 Pa (arterioles)

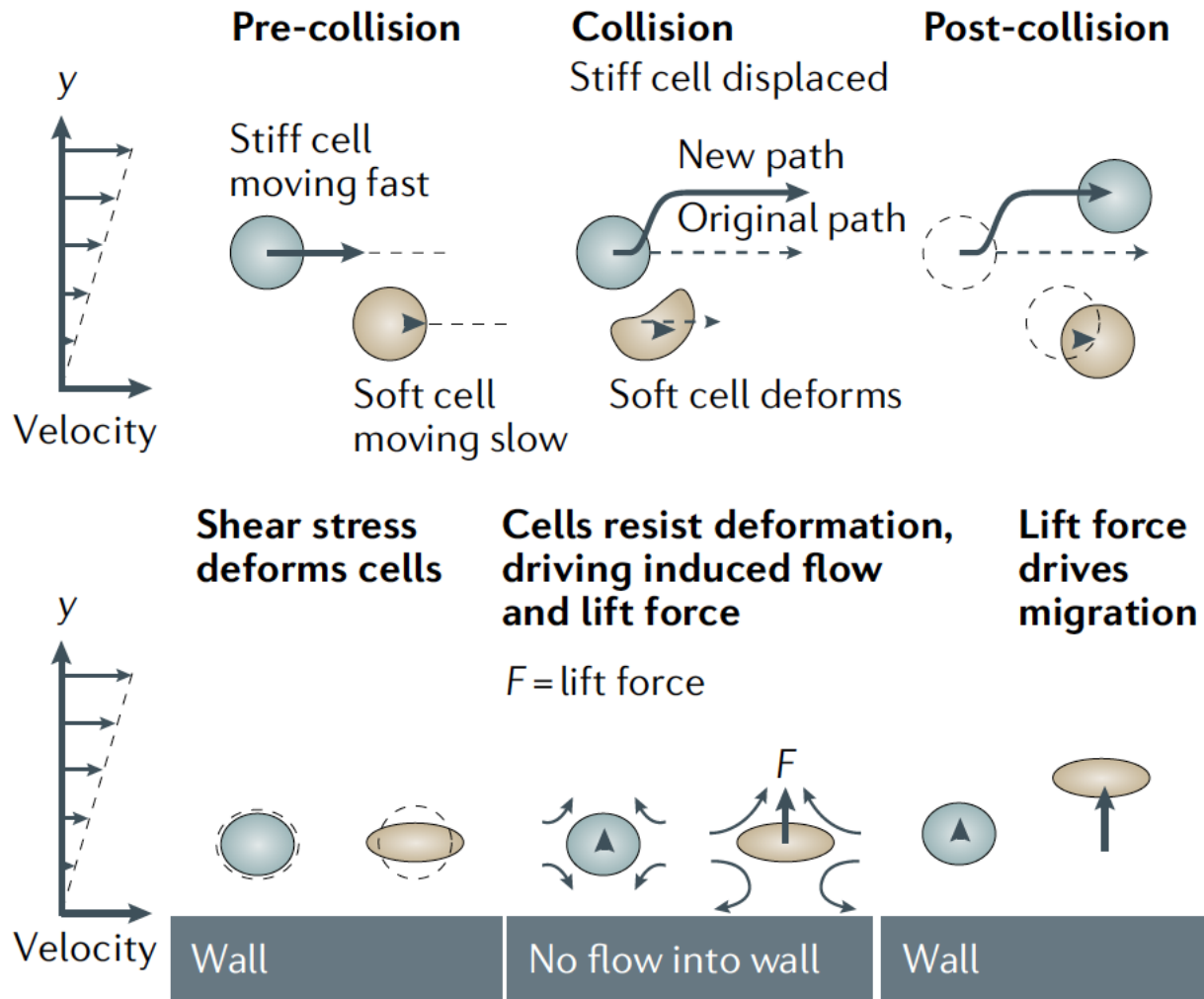


Blood flow

- **Undisturbed flow** is laminar flow
- **Disturbed flow:** turbulent or laminar flow with spatial shear stress gradient and vortices
 - Vascular curvature, branching, bifurcations
 - Many vascular diseases occur in these regions: atherosclerosis, thrombosis, etc.



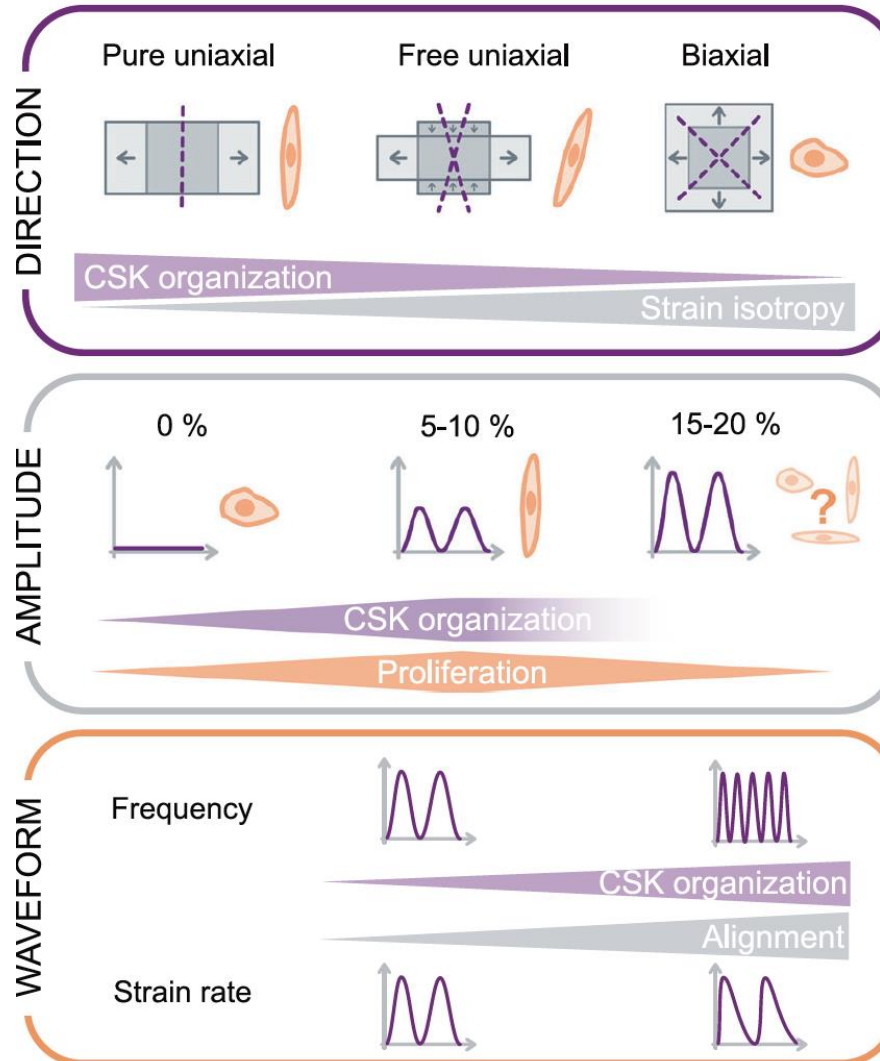
Blood cells



Pressure and stresses

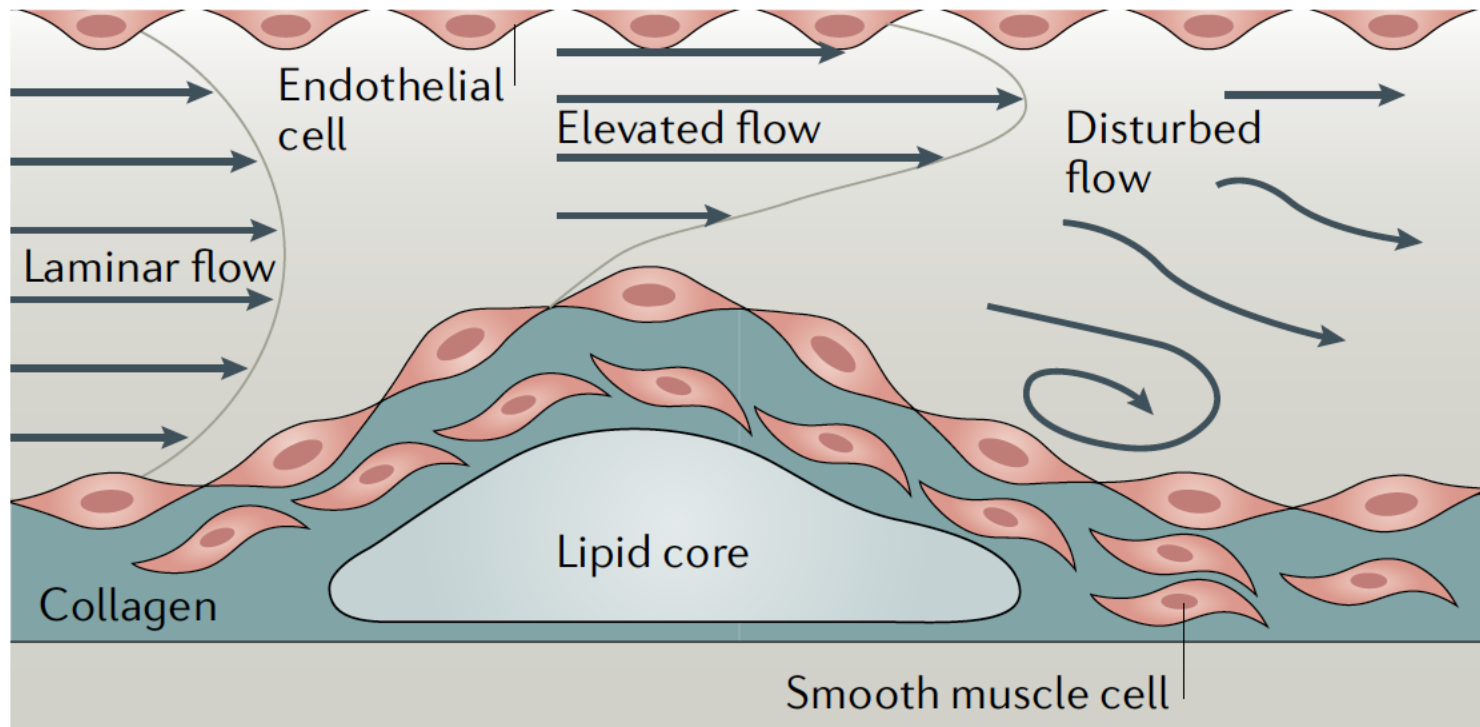
- Blood pressure varies along the vasculature
 - From 1.3 kPa (veins) to 16 kPa (aorta)
 - Hypertension: 27 kPa
 - Pulsatile on the arterial side, dampened in capillaries
- Alignment, elongation, cytoskeletal reorganization, proliferation
- Axial tensile stresses: tissue growth or movement: up to 20% strain
- Circumferential stresses: transmural pressure difference that dilates the vessels cyclically: up to 15% strain
- Physiological range: 5-10% strain

Features of tensile stresses

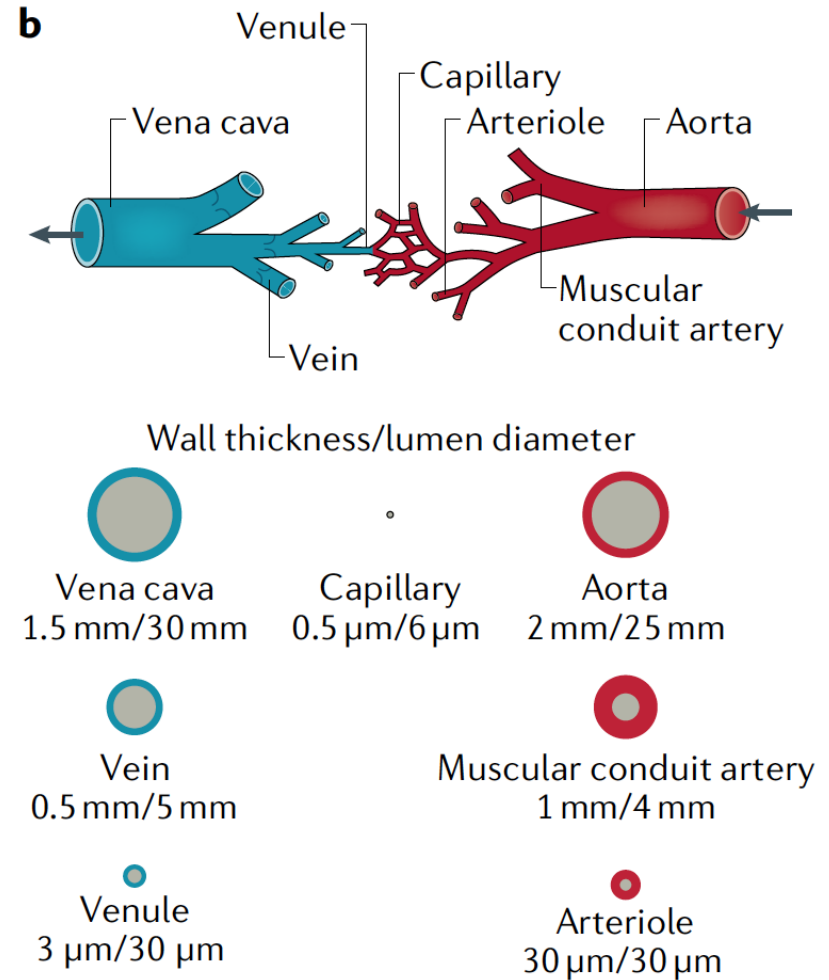
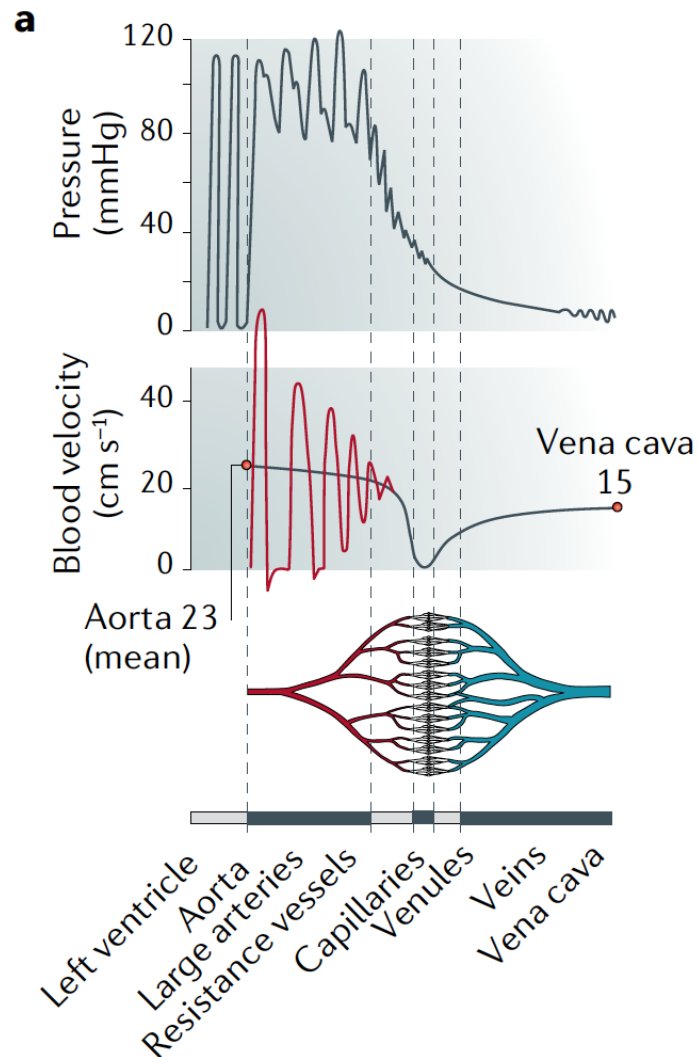


How do endothelial cells sense forces?

- Mechanosensitive ion channels
- Primary cilia
- Cadherins and integrins
- Notch complex

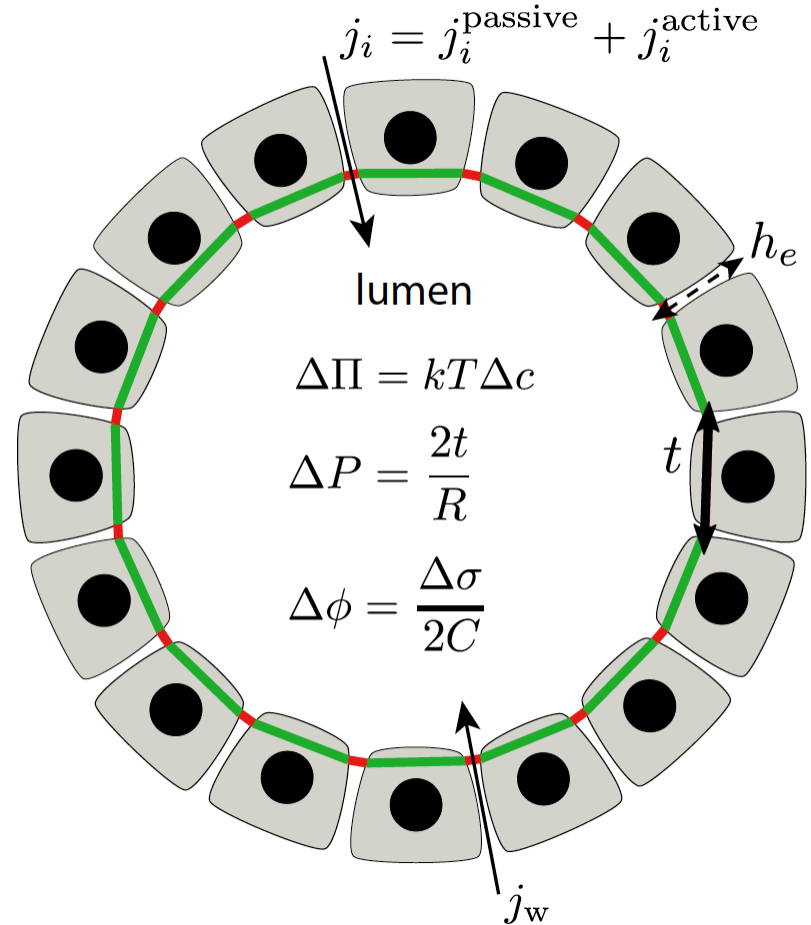
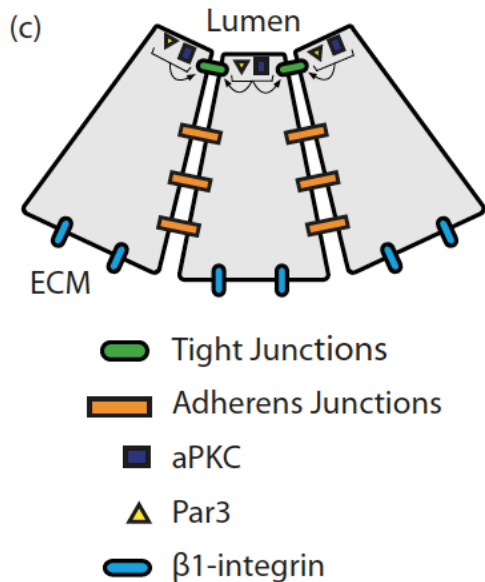


Anatomy and mechanical homeostasis

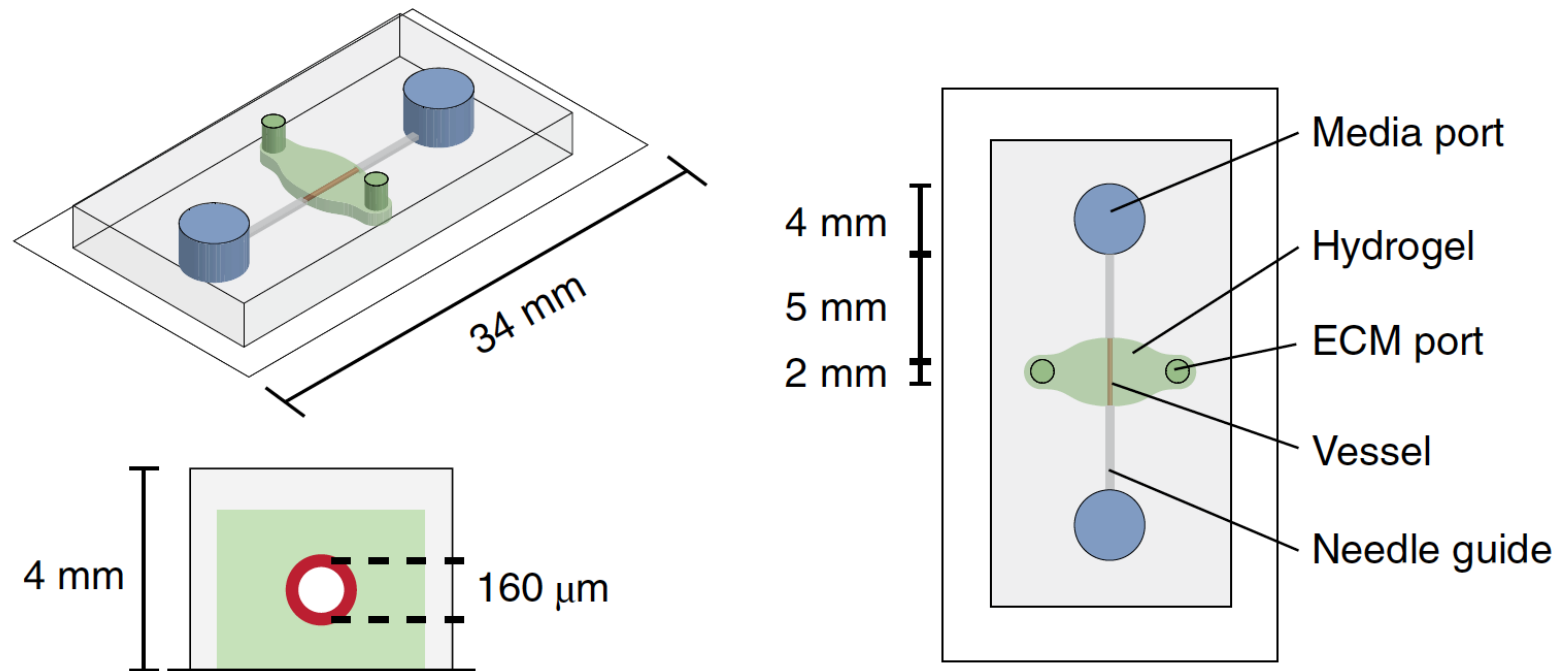


Anatomy and mechanical homeostasis

- Osmotic pressure
- Hydrostatic pressure
- Electrostatic potential
- Laplace Law and tension



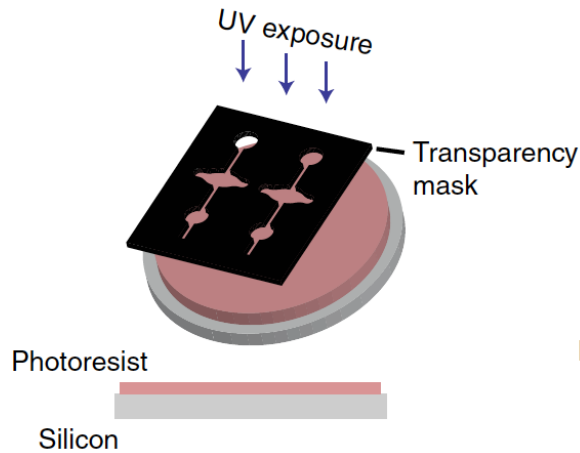
Microfabricated blood vessels



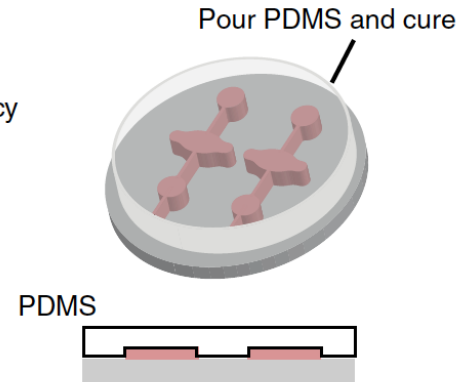
$$Q = \frac{\pi r^3}{4\mu} \tau_0$$

Microfabricated blood vessels

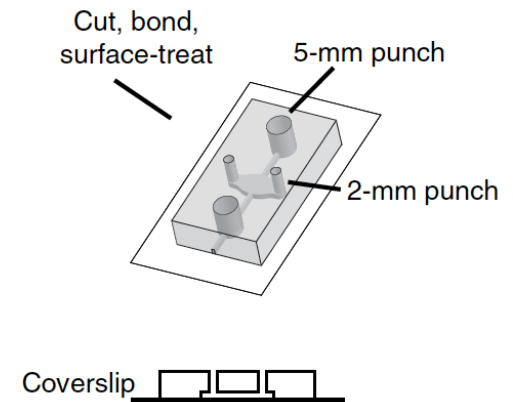
Photolithography



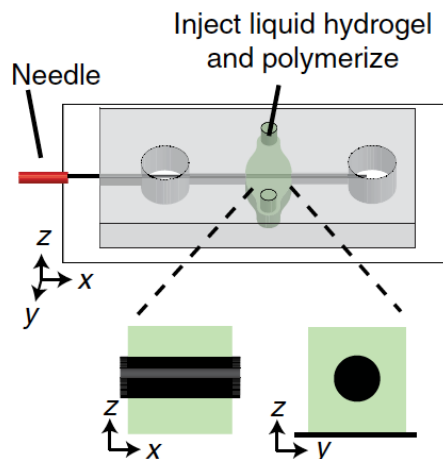
Soft lithography



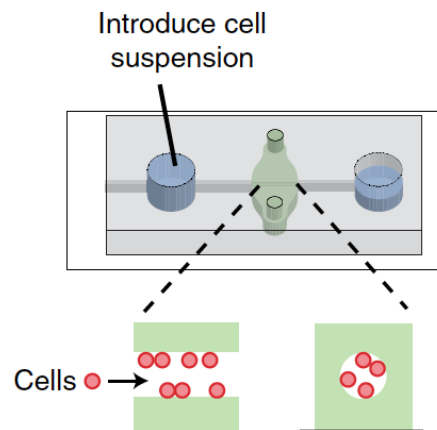
Chip preparation



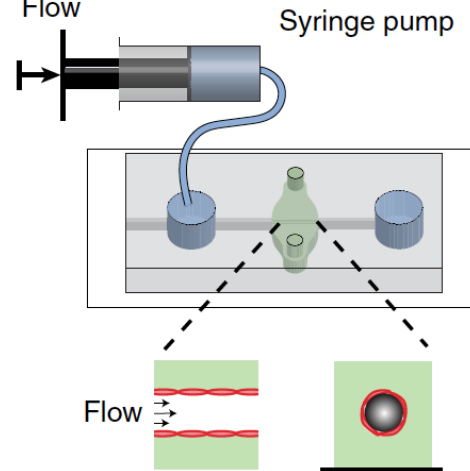
ECM



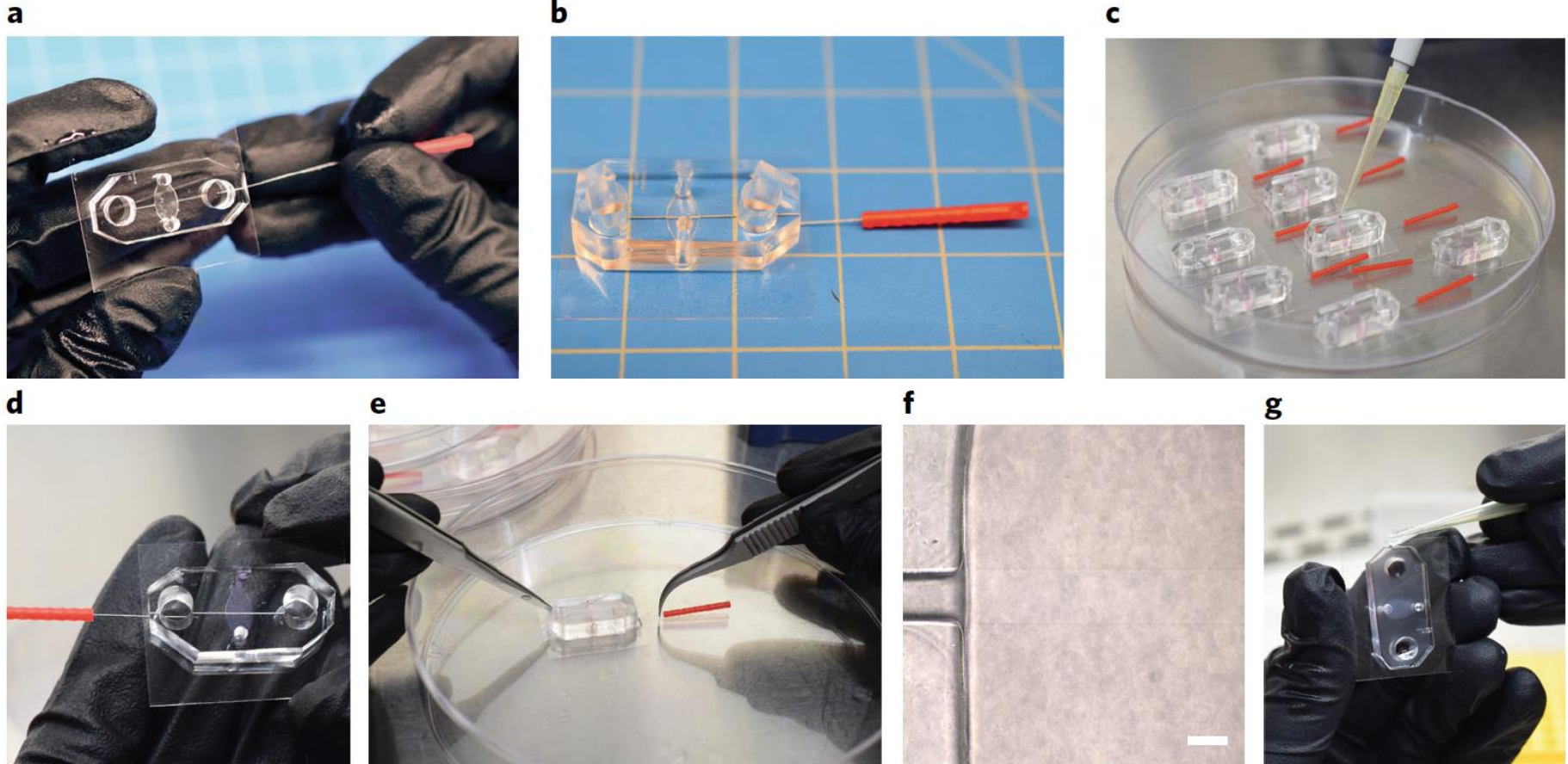
Cells



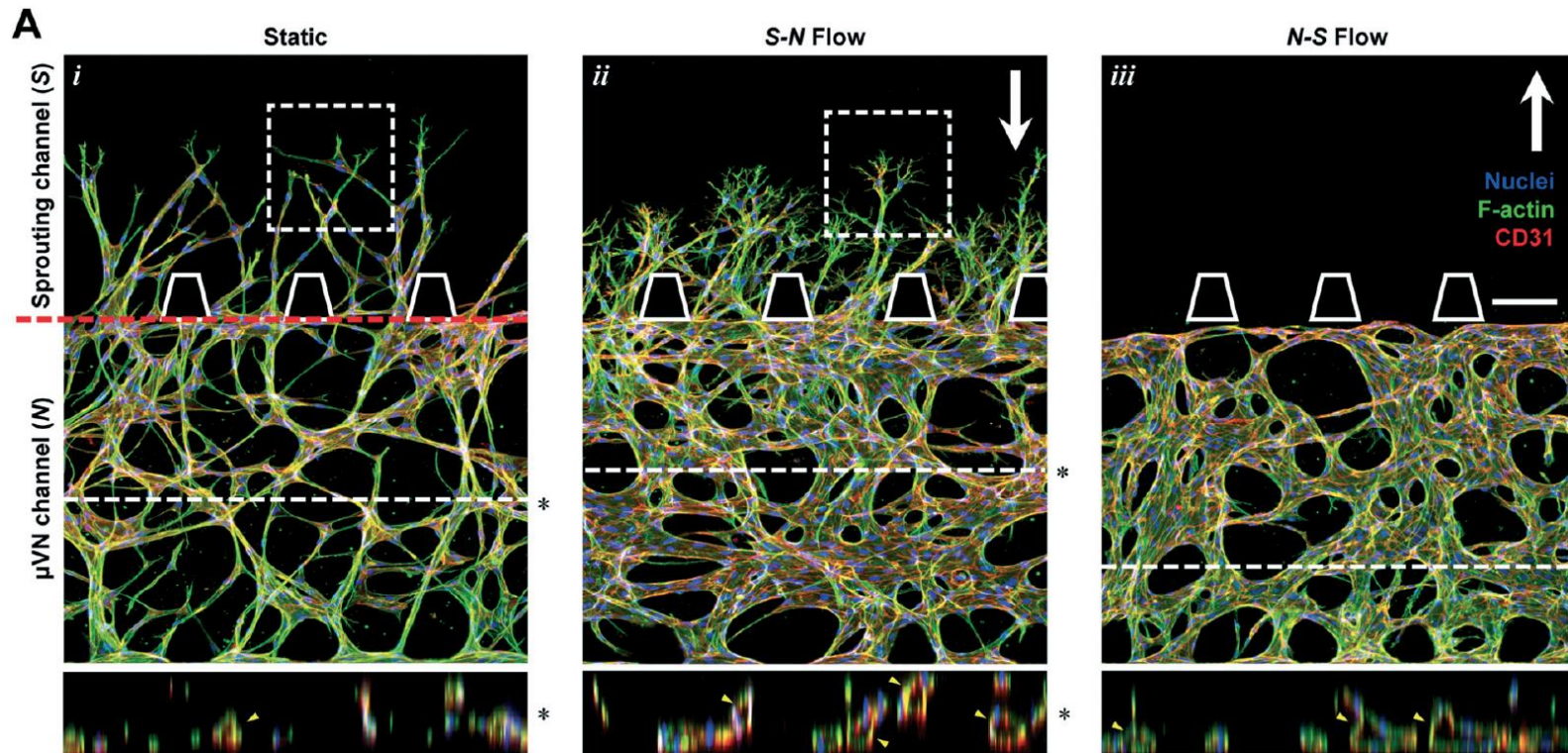
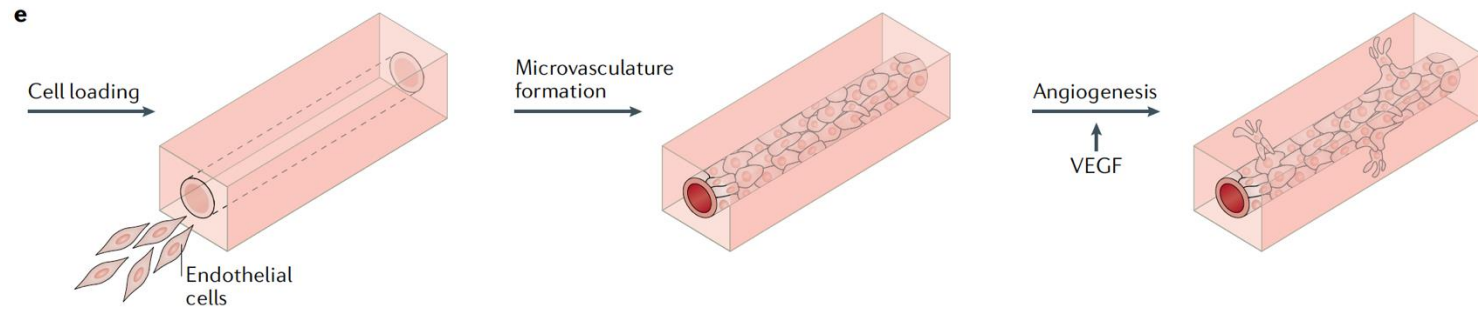
Flow



Microfabricated blood vessels

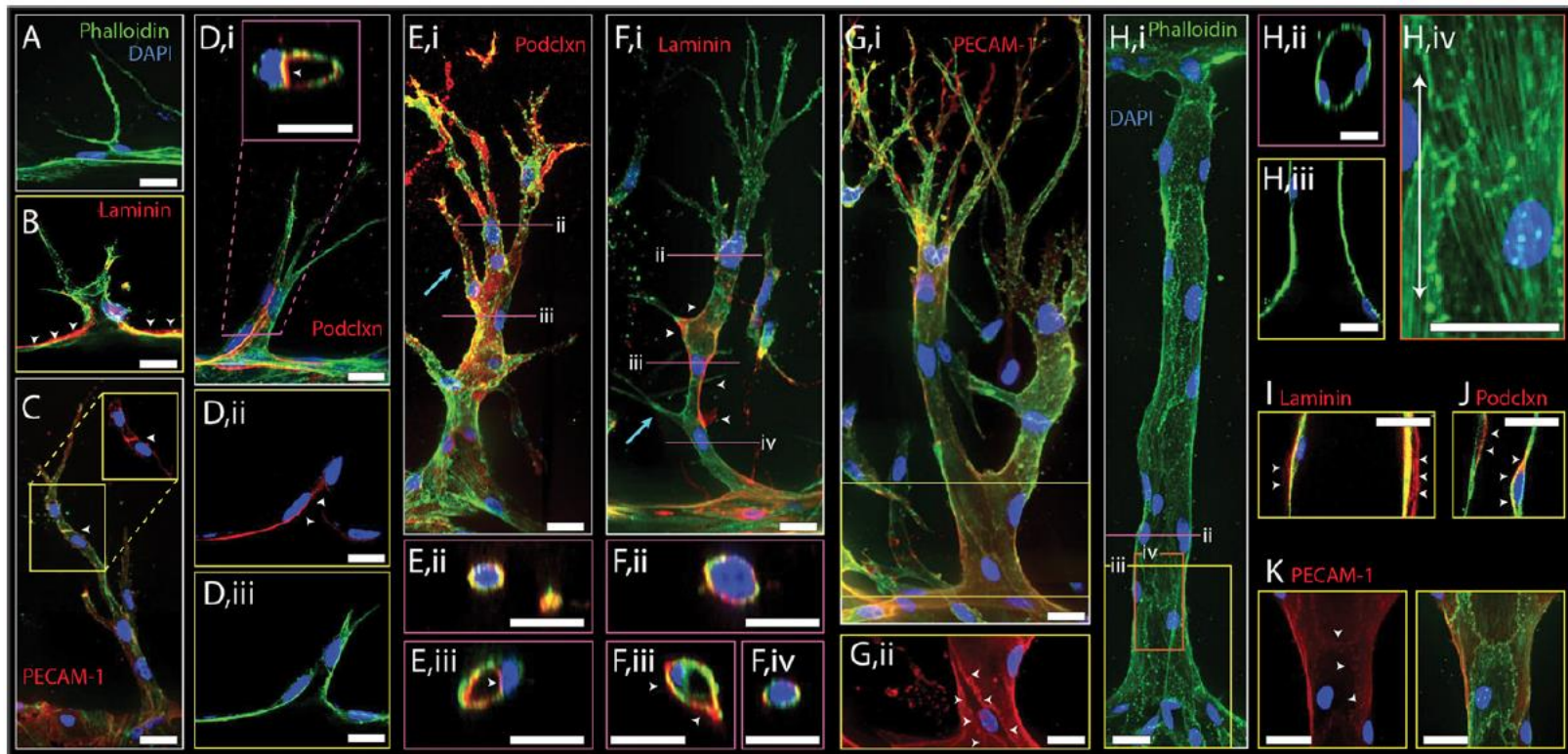


Microfabricated blood vessels



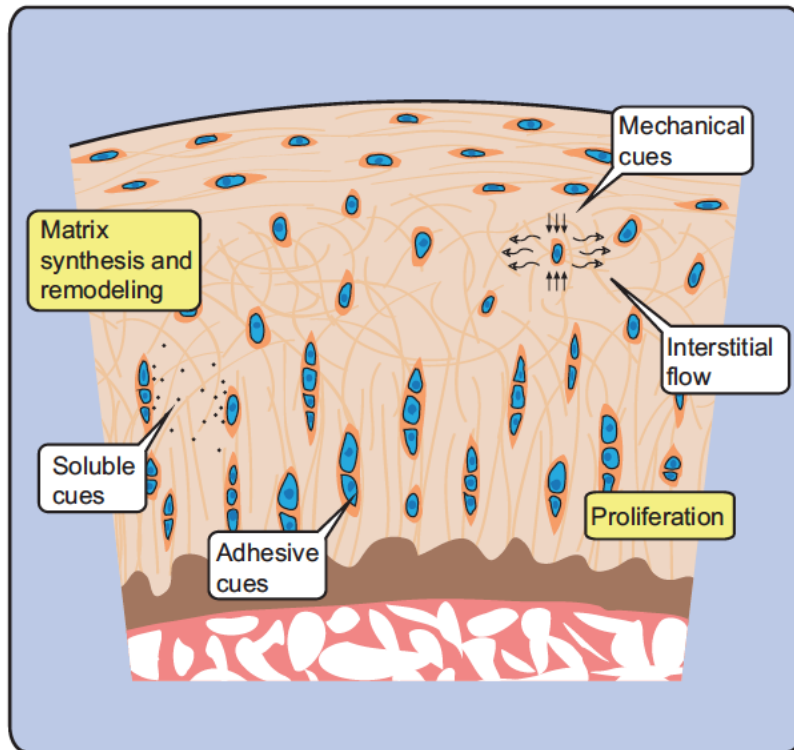
Microfabricated blood vessels

- Angiogenic sprouting
- Nascent vs mature vessels
- Leader cells and follower cells (mesenchymal vs epithelial phenotype)

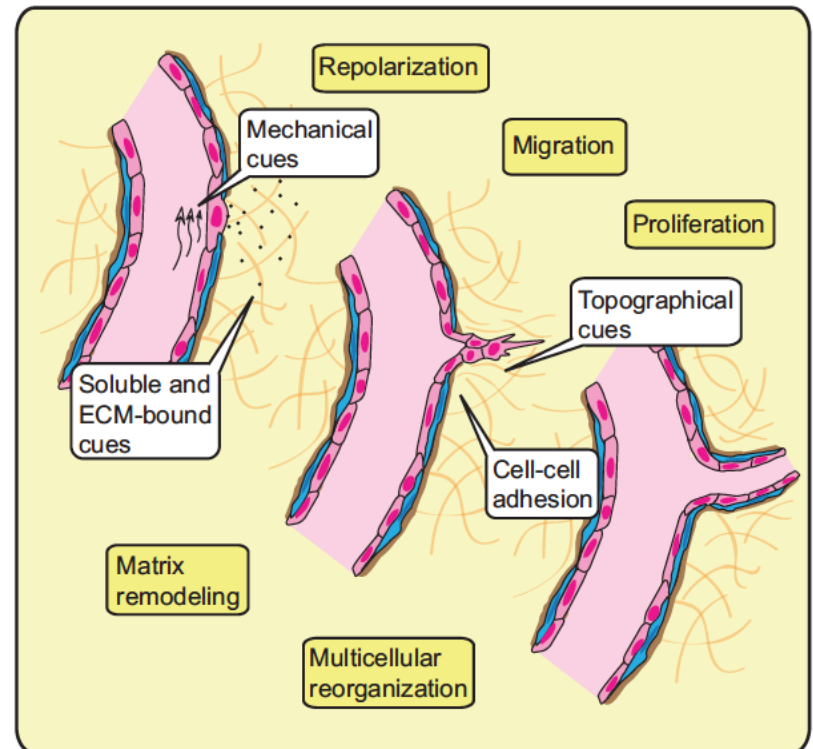


Matrix Mechanobiology

Cartilage and chondrogenesis

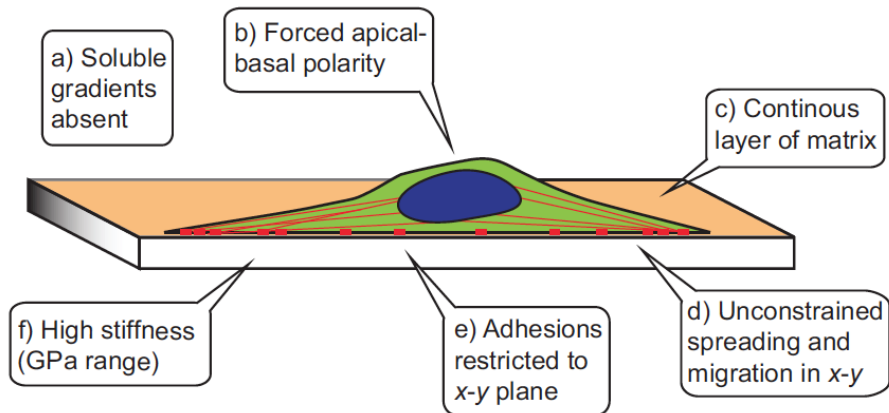


Angiogenesis

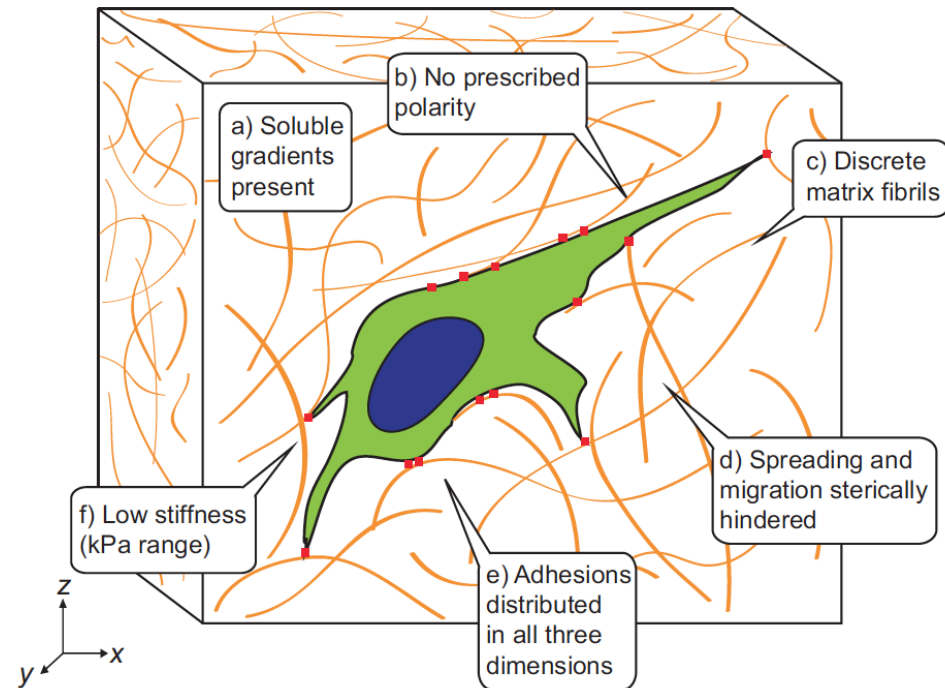


Matrix Mechanobiology

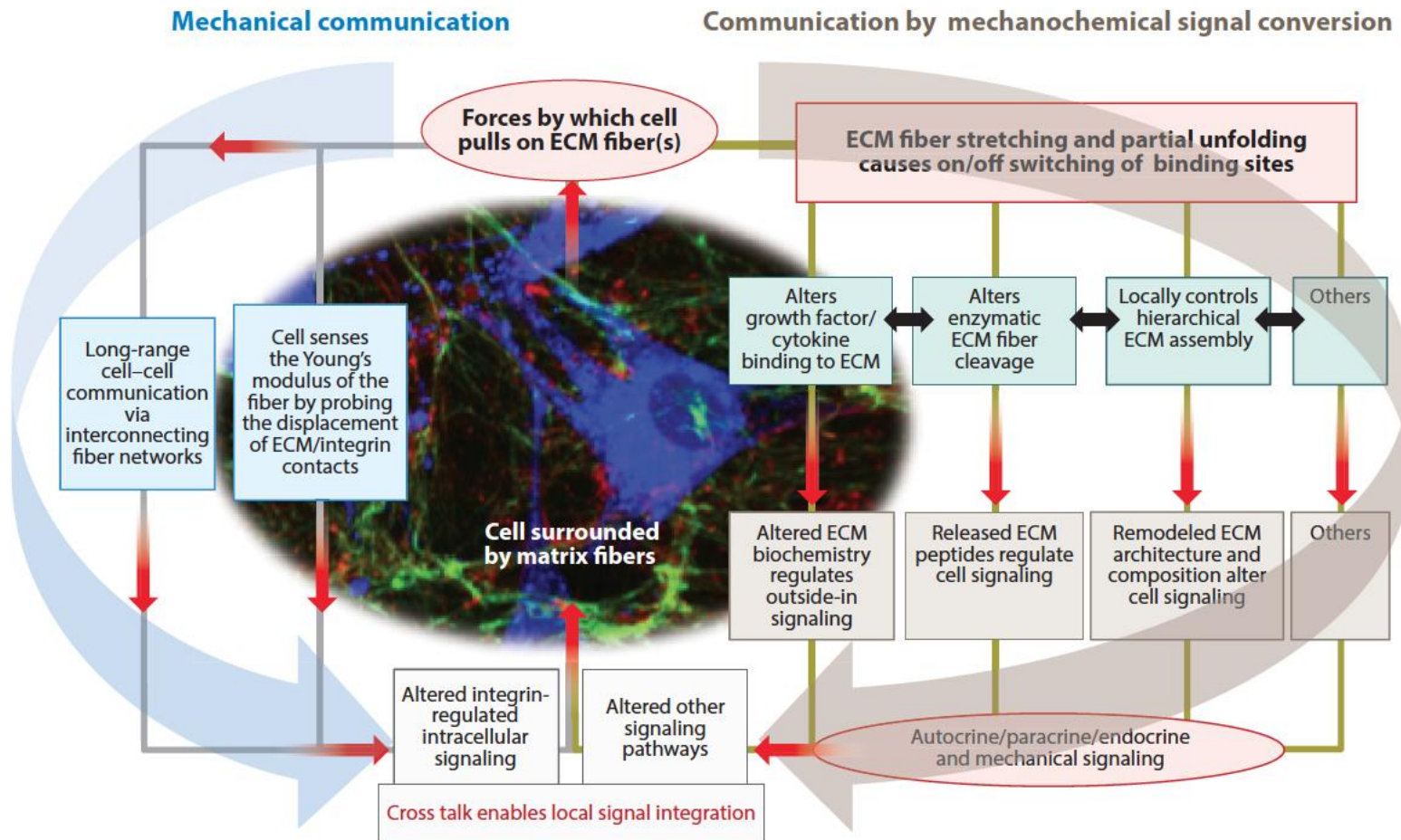
Collagen-coated glass (2D)



Collagen gel (3D)



Matrix Mechanobiology



Fibroblast traction and tissue remodelling

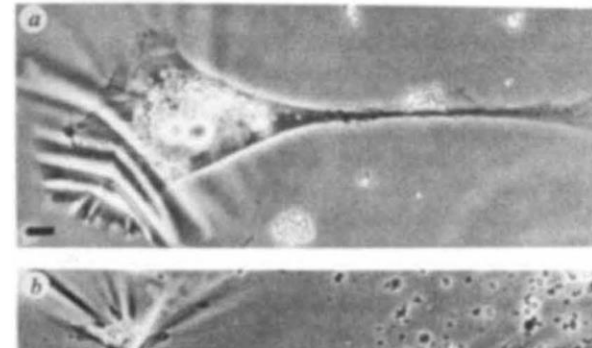
findings in S49 cells suggest a new and somewhat different approach for the xenogenization of malignant lymphoma. Here, the isolation of immunogenic, non-tumorigenic cells based on a simple selection for substrate adherence. The effects of the cell-surface change(s) that took place on transition from free-floating to substrate-adhering, non-tumorigenic, immunogenic S49 cells is being investigated. Furthermore, it is

Culturing cells on thin distortable sheets of silicone rubber

These traction fields resemble Paul Weiss' centre effects, which lends support to his theories of nerve guidance⁸ but suggests that guidance should be towards foci of strong traction rather than high growth rate. Our findings also point to fibroblast traction as the cause for the apparent contraction of collagen networks around deep wounds, burns and surgically implanted prostheses⁹⁻¹¹.

We had assumed originally that substratum distortion was merely an incidental by-product of cell locomotion, useful for studying its mechanism. However, these results suggest that traction has evolved to serve morphogenetic functions going beyond cell displacement.

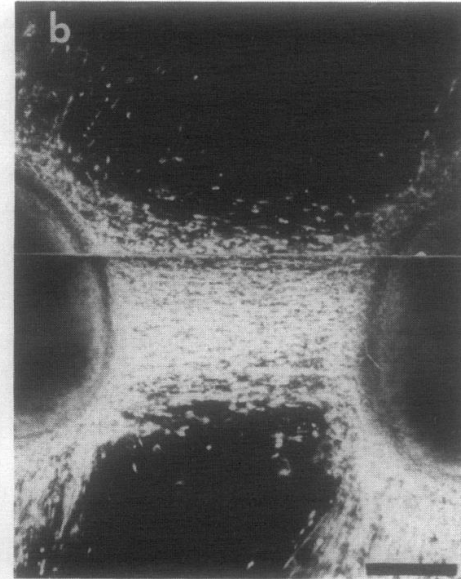
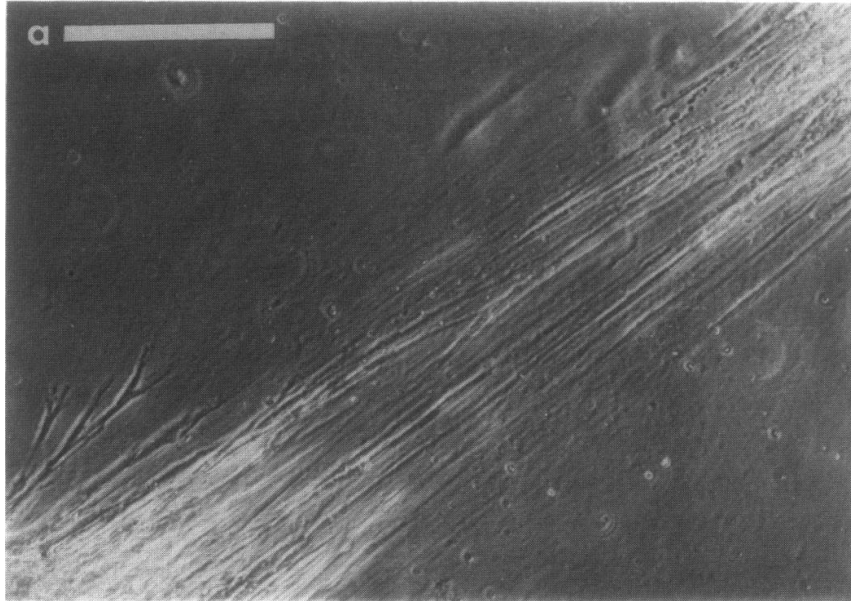
It could still distort the rubber sheet, but only when



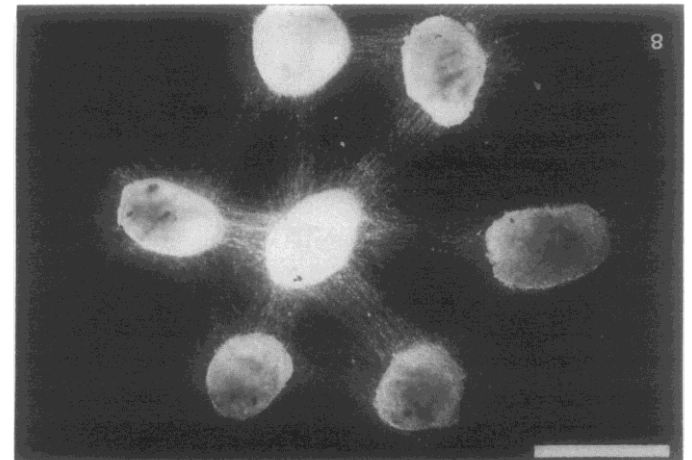
that protective immunity is associated with cell-mediated mechanisms. We have now examined the capacity of leukocytes from immune cattle to lyse parasitized lymphoblastoid and non-parasitized tumour cell lines either directly or after stimulation in an autologous mixed lymphocyte reaction (MLR). In contrast to the nonspecific lytic activity of leukocytes from immune cattle reported by Pearson *et al.*⁷, we describe the sequential appearance in the lymph and blood of immune cattle of cytotoxic leukocytes with activity restricted to target cells carrying the autologous genotype. These observations suggest that a major component of protective immunity to *T. parva* is mediated by cytotoxic cells which have recognized cells in

Fibroblasts exert forces very much larger than those actually needed for locomotion. This strong traction distorts collagen gels dramatically, creating patterns similar to tendons and organ capsules. We propose that this morphogenetic rearrangement of extracellular matrices is the primary function of fibroblast traction and explains its excessive strength.

Fibroblast traction and tissue remodelling



The alignment of collagen between explants results in the orientation of fibroblasts migrating from the explants in the same direction.



Cell patterning in ECM

gradient (Carter, 1967; Harris, 1975), contact inhibition and simple forward biasing of cell motion (Trinkaus, 1982; Englander & Davies, 1979; Gail & Boone, 1970; Gould, Selwood, Day & Wolpert, 1974).

While all of these mechanisms probably act at some point in development, it is not clear how they conspire to generate organized spatial aggregations of cells. In this paper we will describe a simple mechanism by which patterned aggregates of motile cells can come about. The mechanism we shall describe is speculative in the sense that we have not demonstrated unequivocally that embryonic pat-

Mesenchymal cells within embryos nearly all have a capacity for **autonomous locomotion** which is analogous to that of amoebae, but is perhaps best described as crawling. The individual cells move by **exerting forces upon their surroundings**, which generally consist of a fibrous extracellular matrix and the surfaces of other cells. These tractions require that the moving cell has established **anchor points** to its substratum. The traction forces are exerted by cellular extensions, often flattened, which Abercrombie termed 'leading lamellae' (Harris, 1983). Most cells have several of these protrusions extending in opposing directions. Since the traction exerted by each is directed centripetally, the result is a **tug-of-war** with net cell displacement occurring at the **direction** of the lamellae with the **strongest tension**, and/or the **strongest adhesions** to the substratum.

Cell patterning in ECM

- Cells can be passively dragged along by the contractions of its immediate neighbours, or ride on the substratum which is being dragged by the contractions of distant cells.
- Motile cells will move from less adhesive to more adhesive regions of their substrata
- Numerous experiments have shown that cells will follow geometrical cues in their substratum, such as aligned fibres, grooves, curvature, etc.
- Spreading and migrating cells can exert extremely large traction forces on their substratum.
- A previously isotropic ECM, when seeded with contractile cells, will not remain isotropic: the cells' contractions create strain guidance cues and adhesive gradients which guide the surrounding cells inward toward the centre of contraction.
- The cell tractions are in mechanical equilibrium with the elastic forces of the matrix material. NO INERTIA!
- Within an aligned matrix, such as a collagen gel, cells will configure themselves such that their long axis is in the same direction as the matrix orientation

Cell patterning in ECM

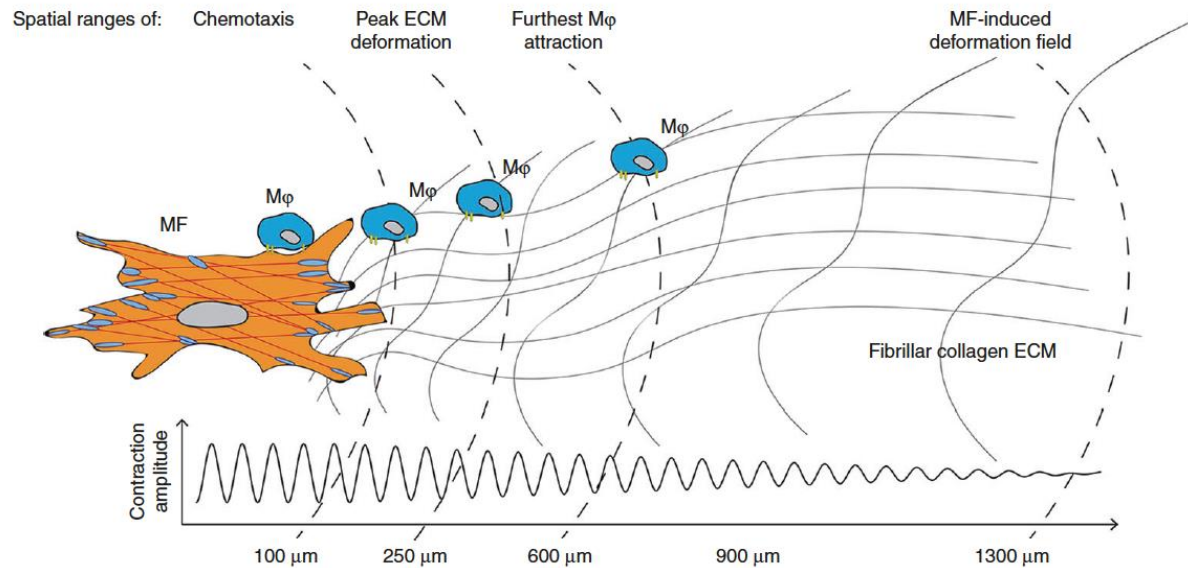
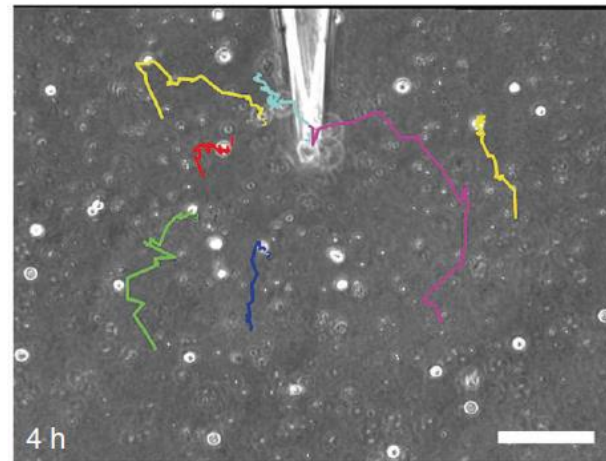
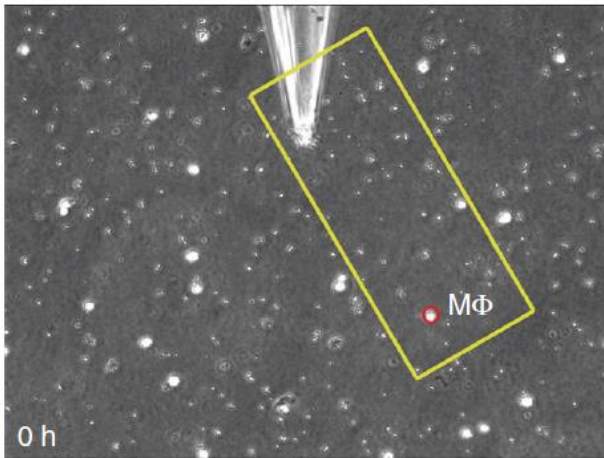
G. F. OSTER, J. D. MURRAY AND A. K. HARRIS

$$\left\{ \begin{array}{l} \text{rate of change in matrix density} \\ \text{in a small volume element} \end{array} \right\} = [\text{flux in}] - [\text{flux out}] \quad (10)$$

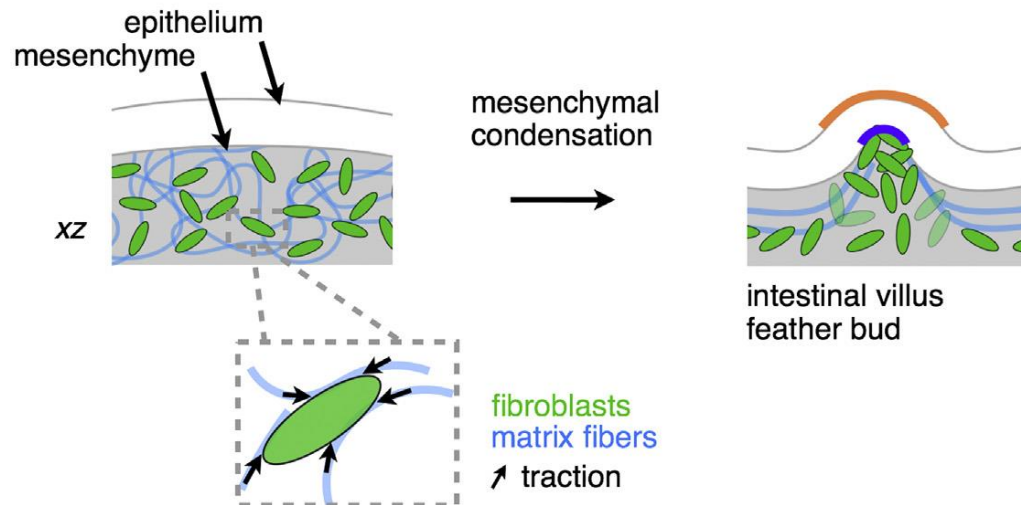
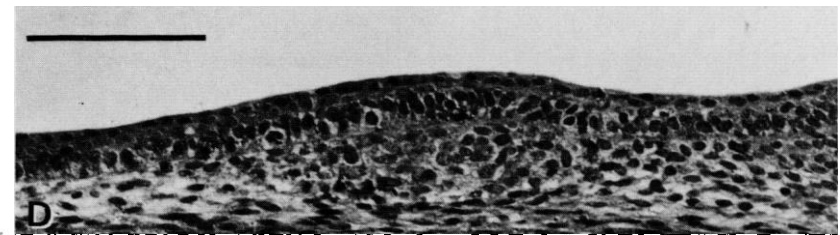
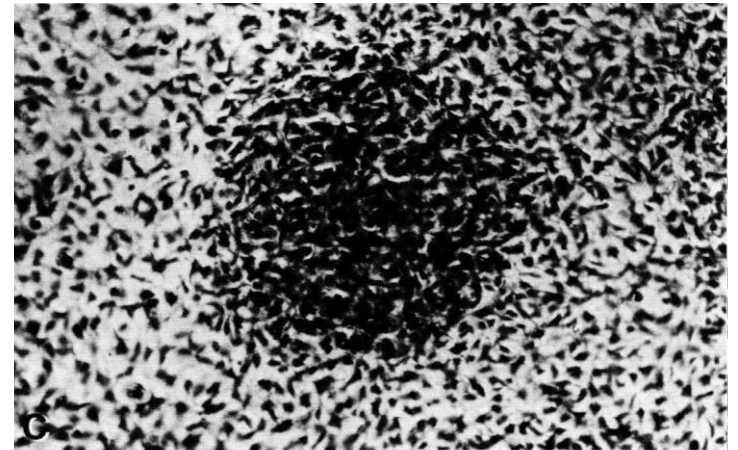
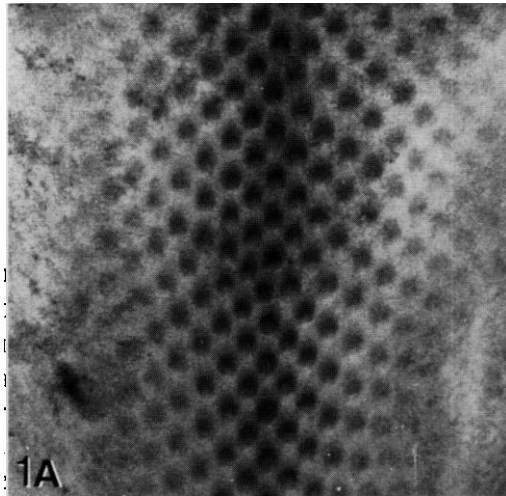
Adding a term to the right-hand side of (10) we could also account for matrix secretion by the cells. However, we shall assume for simplicity that, on the time scale of cell movements we are interested in, matrix secretion is negligible.

Equations (7), (8) and (10) comprise a complete model for cell motion in a static ECM. While the mathematical structure of the corresponding equations derived in Appendix A appears complicated (it is), the physical interpretation

Force-mediated cell recruitment

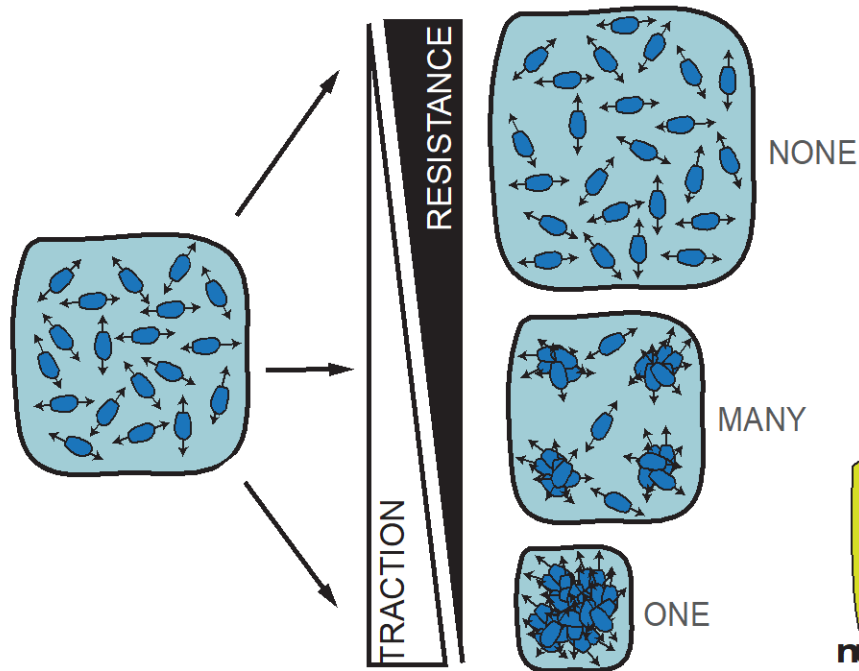


Feather pattern development

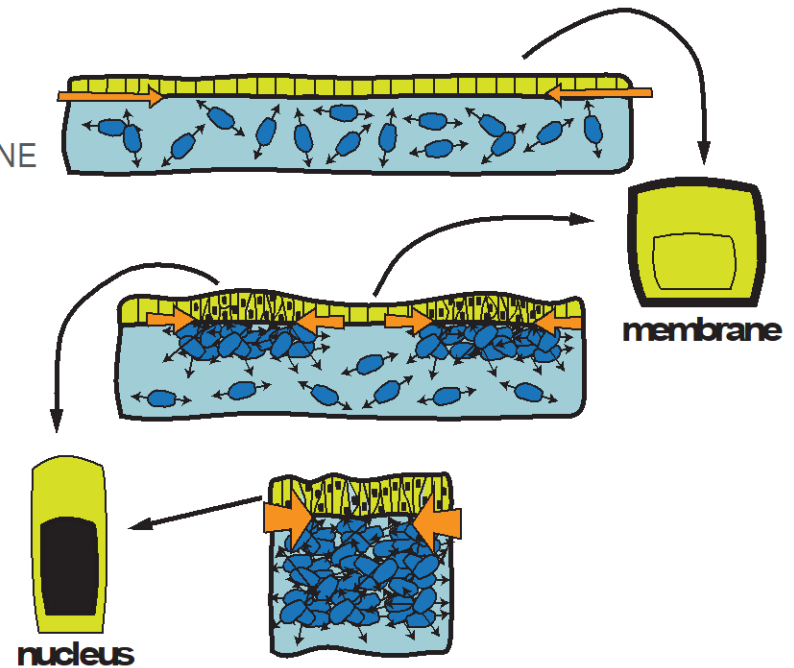


Feather pattern development

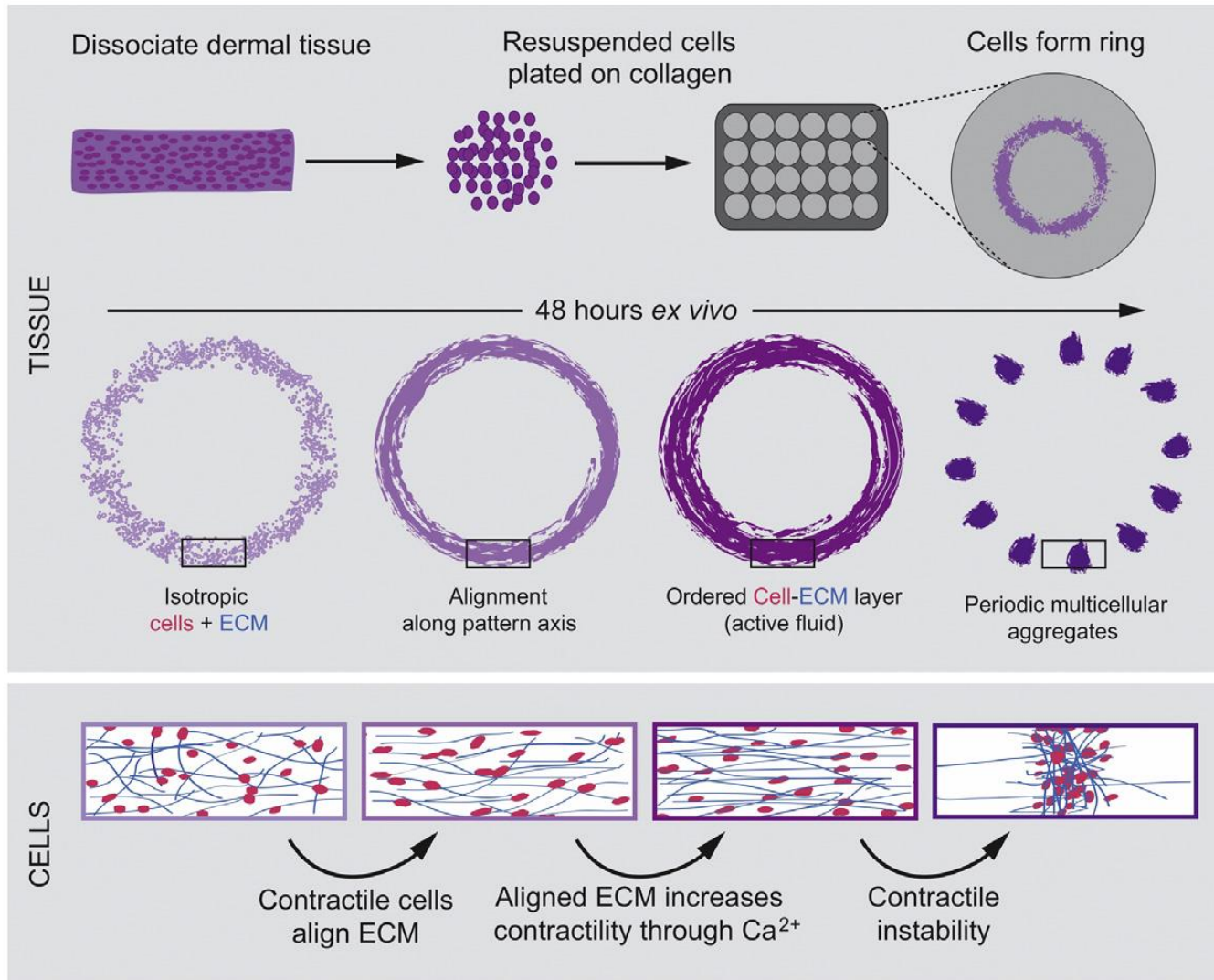
Uniform traction when adequately resisted
leads to an array of aggregates
[field of dermal cells from above]



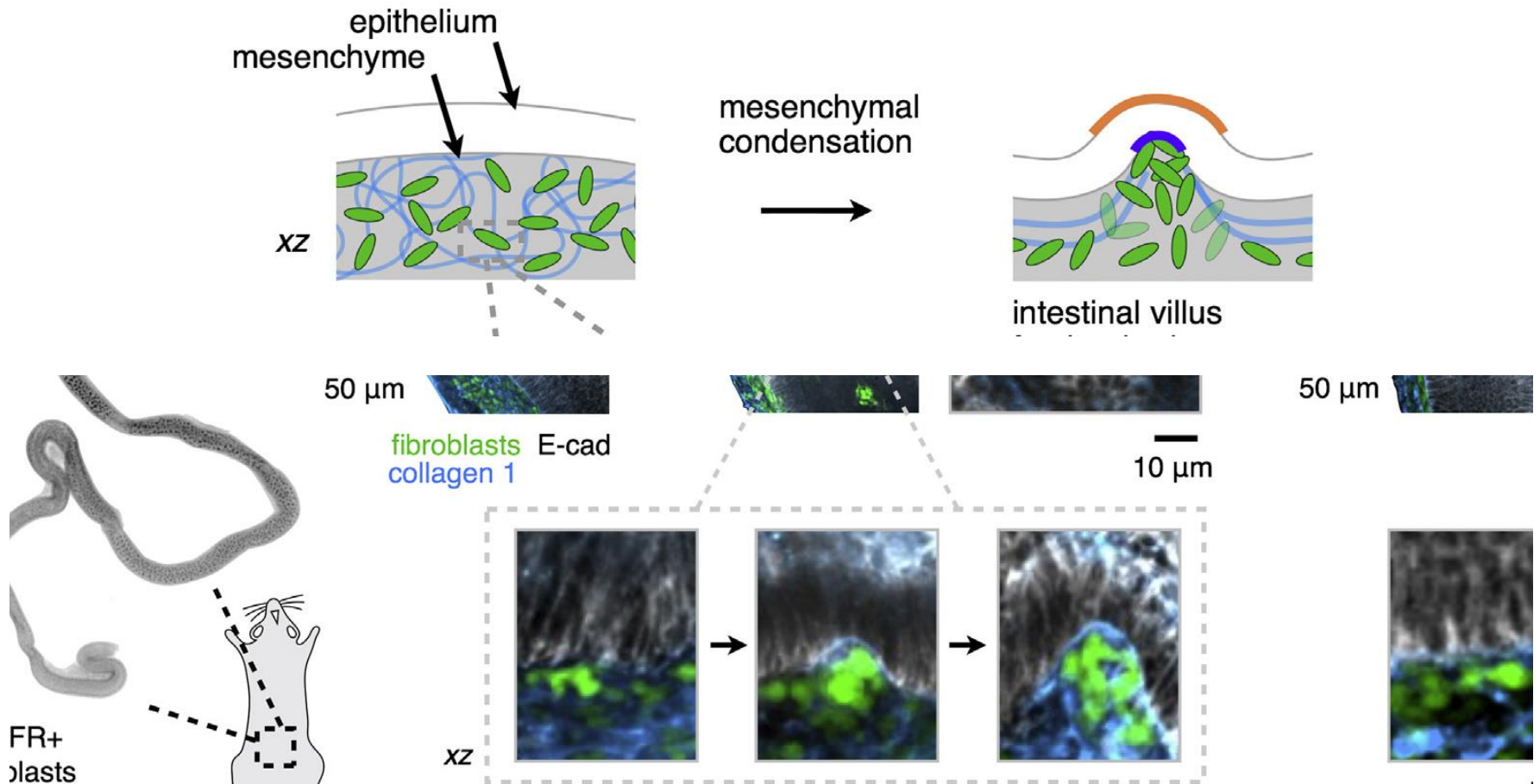
Dermis **COMPRESSES** epidermis
force causes translocation of β -catenin
[cross-section of tissue bilayer]



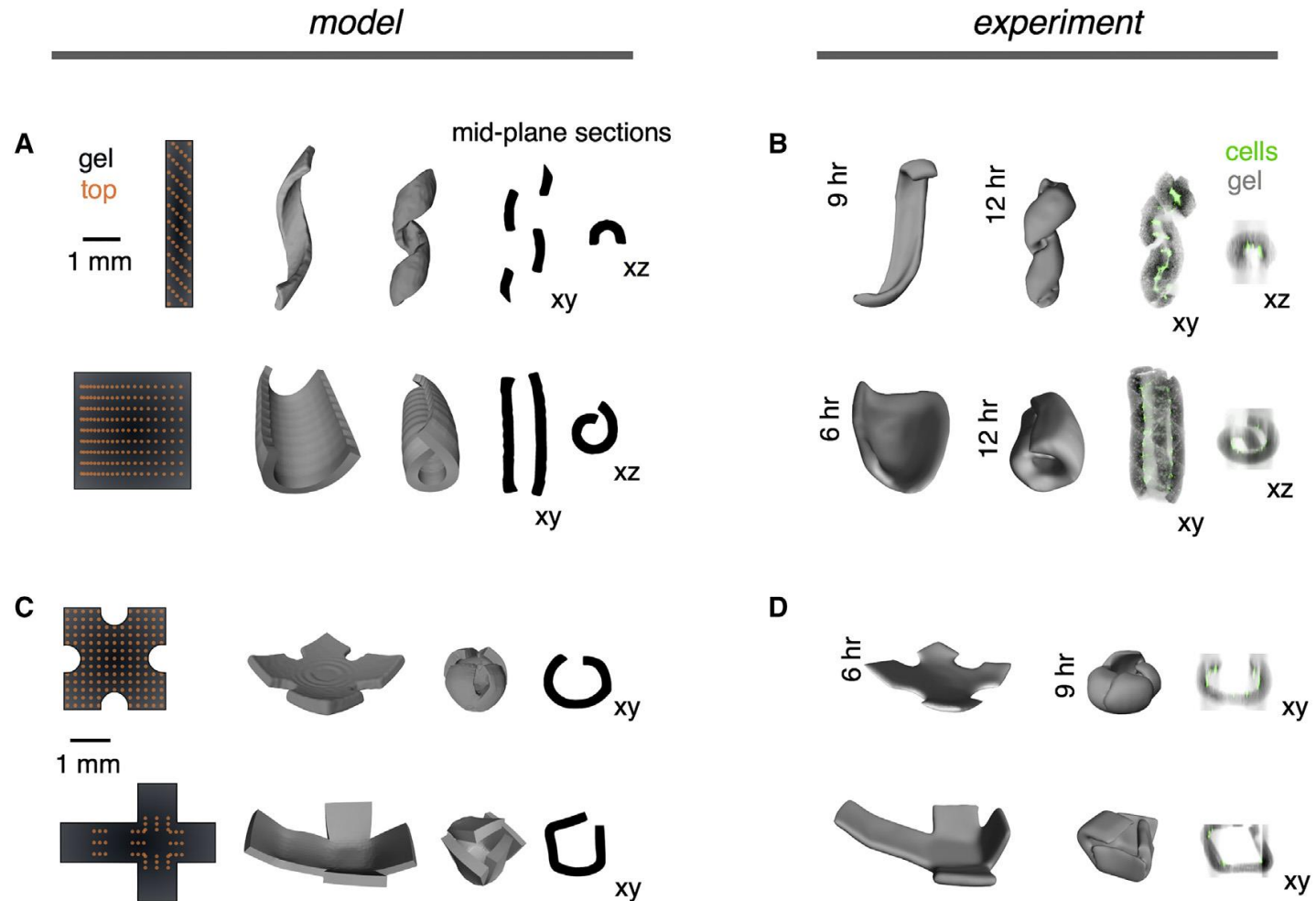
Feather pattern development



Engineered tissue folding

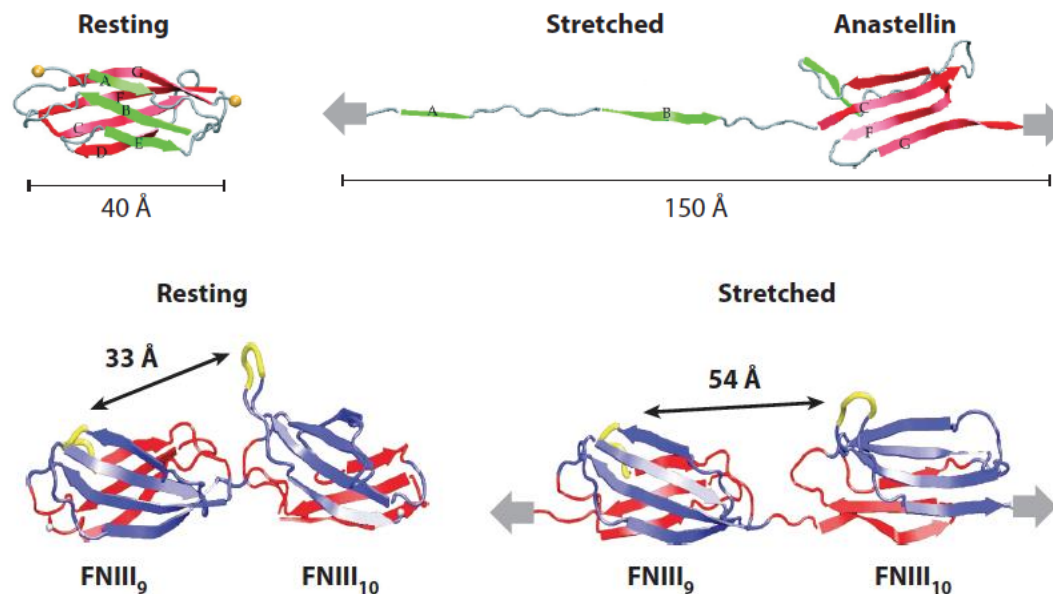


Engineered tissue folding



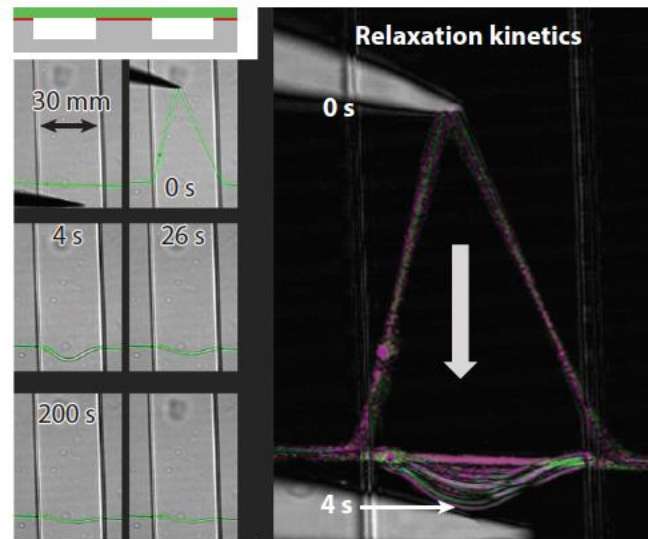
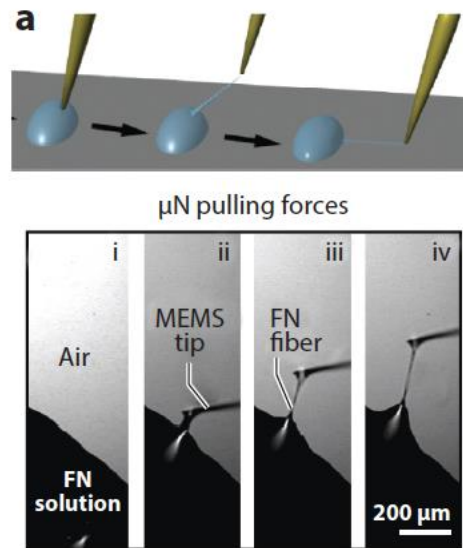
ECM fibers as mechanochemical switches

- Fiber stretching
 - Increases the Young's modulus of the fiber (strain-stiffening)
 - Activate cryptic sites
 - Activate fibrillogenesis
 - Destroy binding sites
 - Enzymatic degradation



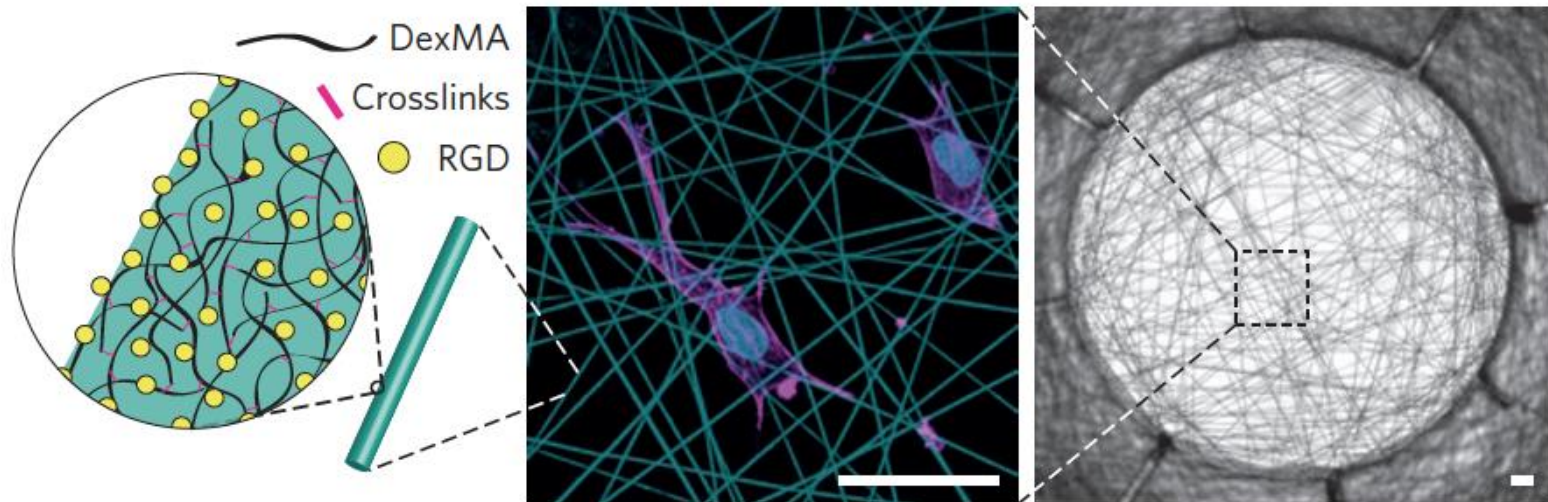
ECM fibers as mechanochemical switches

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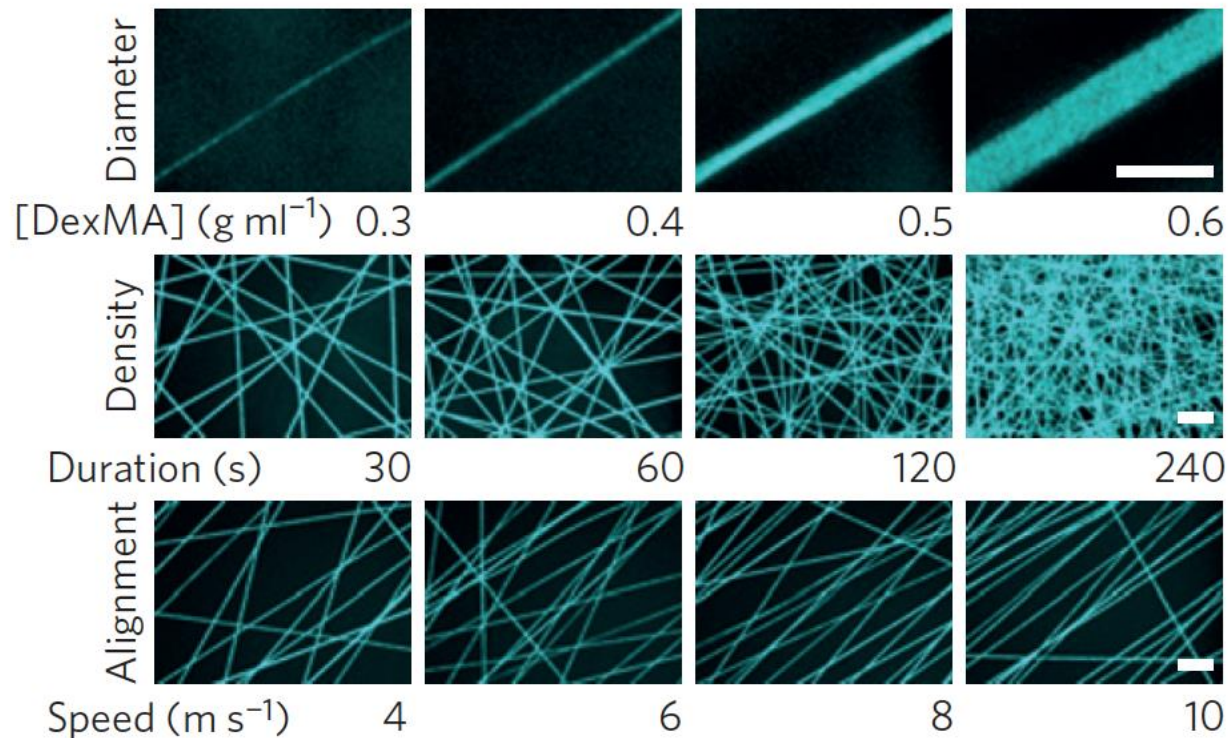
Discrete fiber networks

- Electrospinning Dextran fibers
- Substrates with tunable mechanics and architecture
- Many adjustable parameters: material composition, speed, etc.



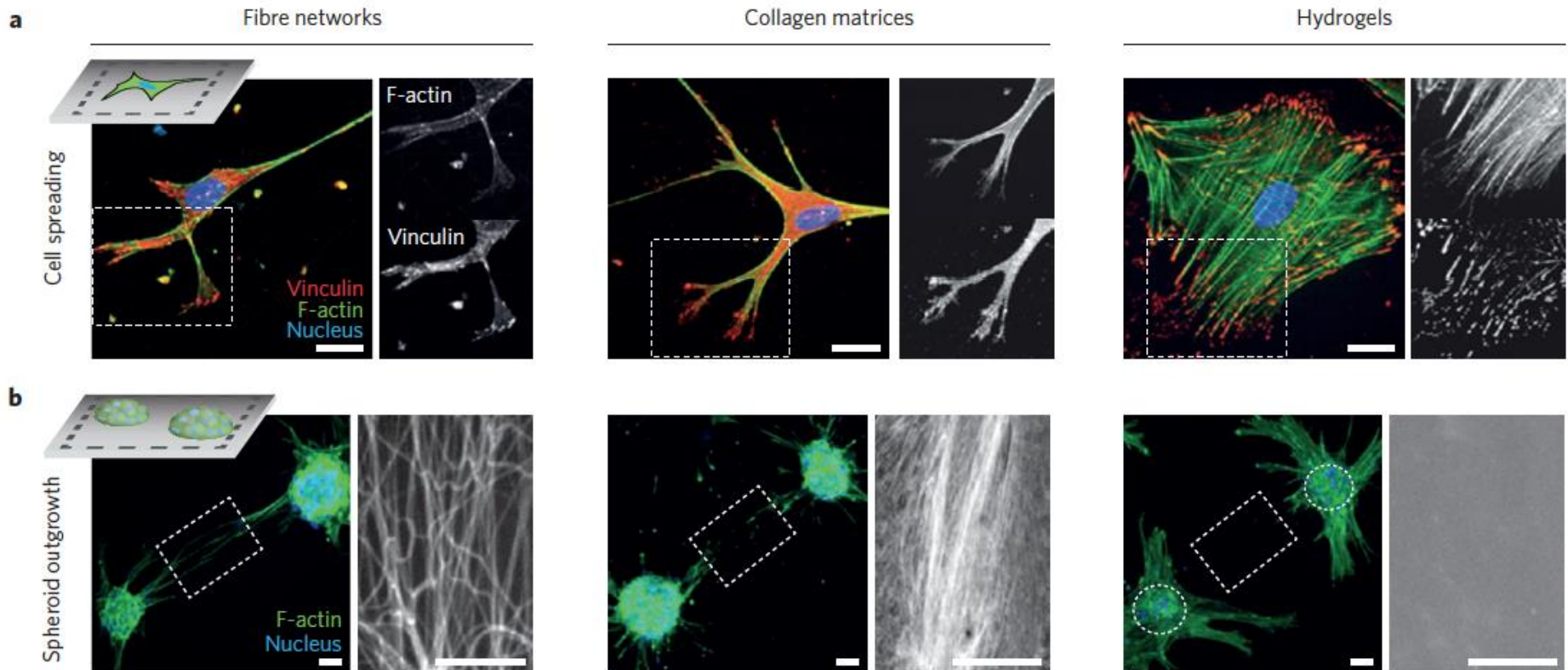
Discrete fiber networks

- Electrospinning Dextran fibers
- Substrates with tunable mechanics and architecture
- Surface functionalization for cell adhesion



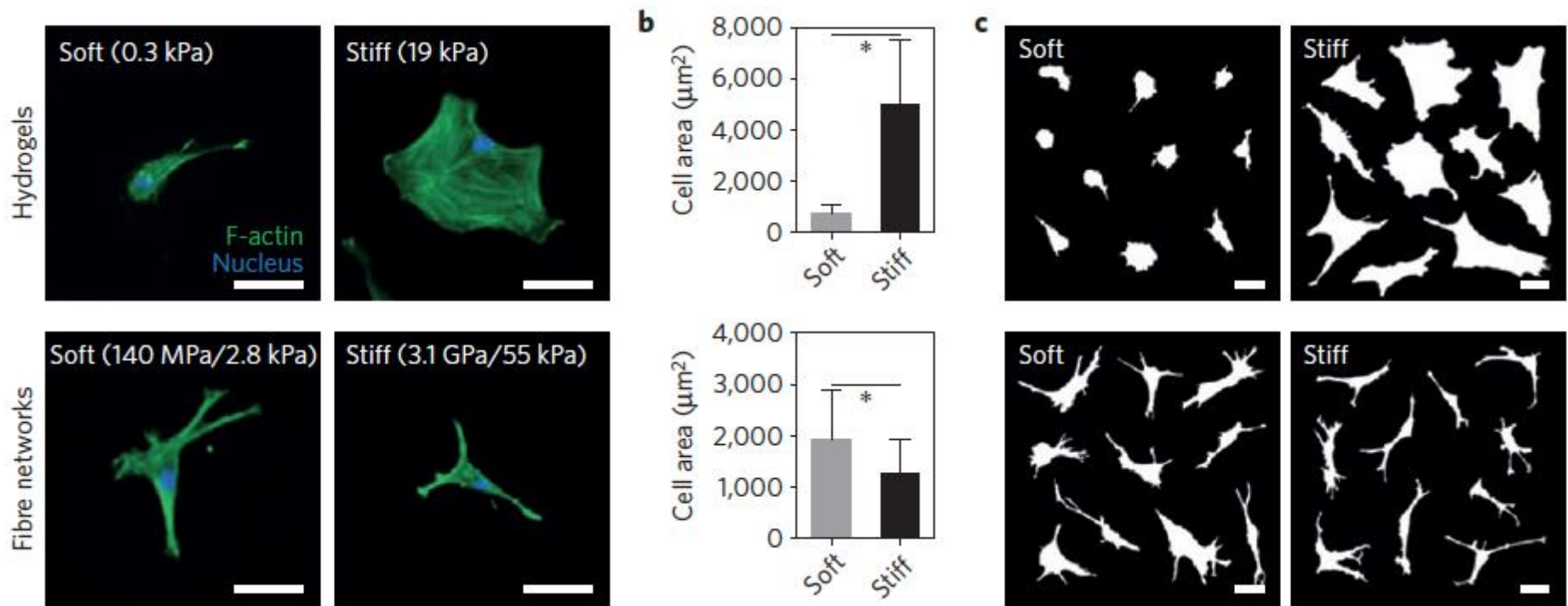
Fiber remodeling

- Single cell and multicellular spreading



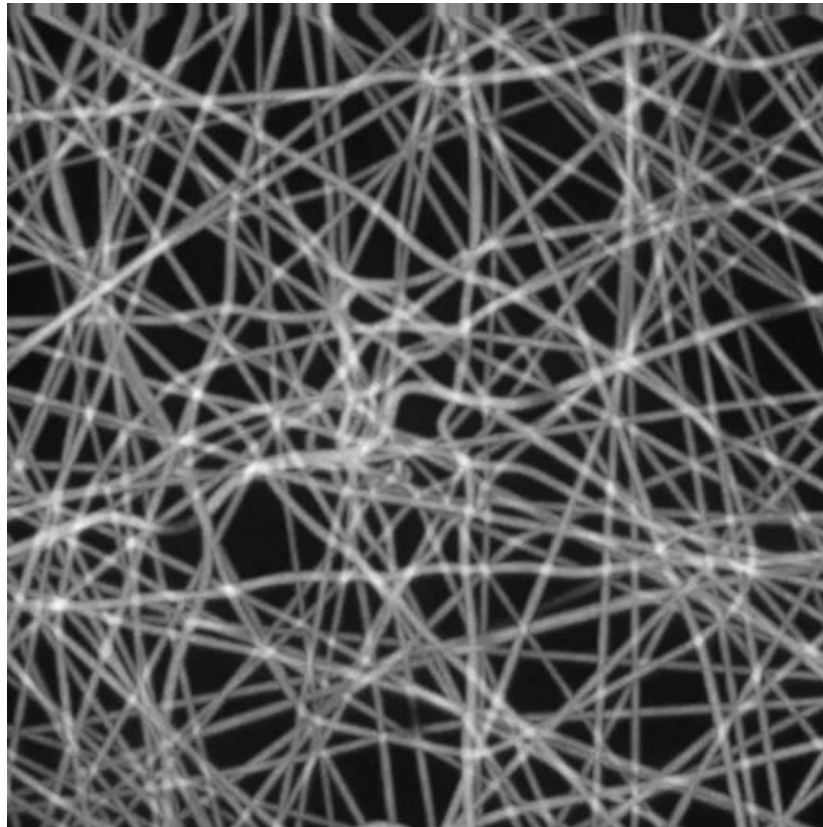
Elasticity

- Soft vs stiff substrates
- 2D hydrogels vs fibrillar matrices



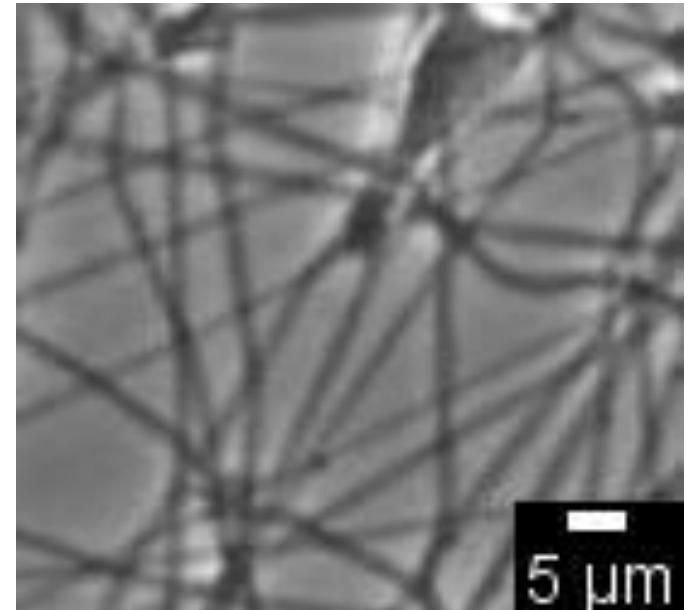
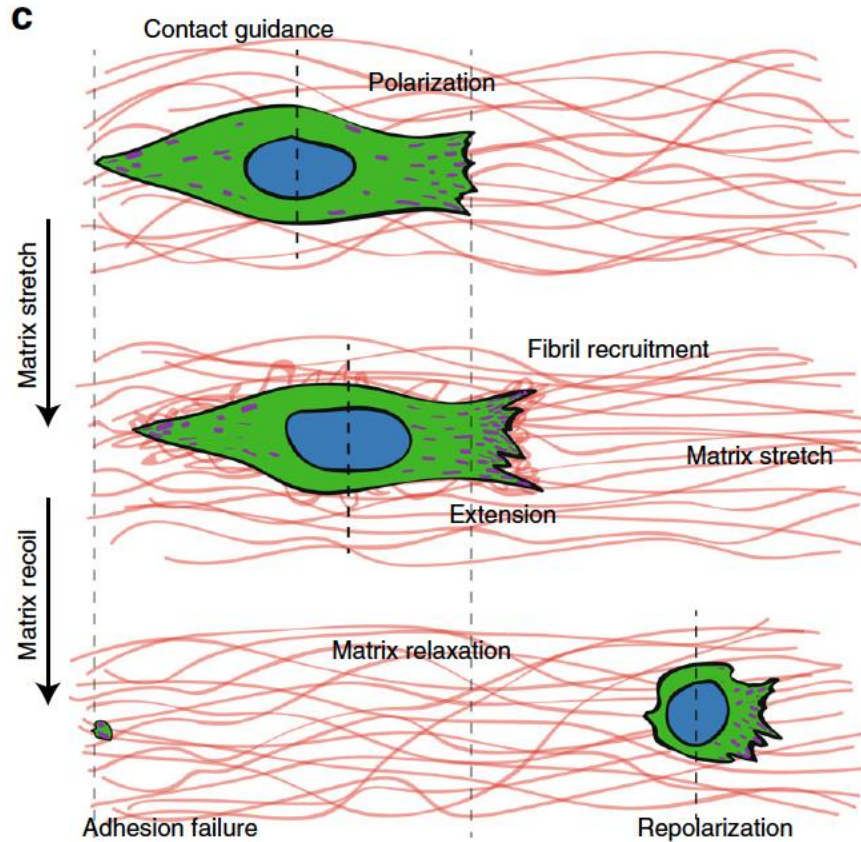
Fiber recruitment

- Pulling fibers, scaffolding, pulling again
- Plastic deformation



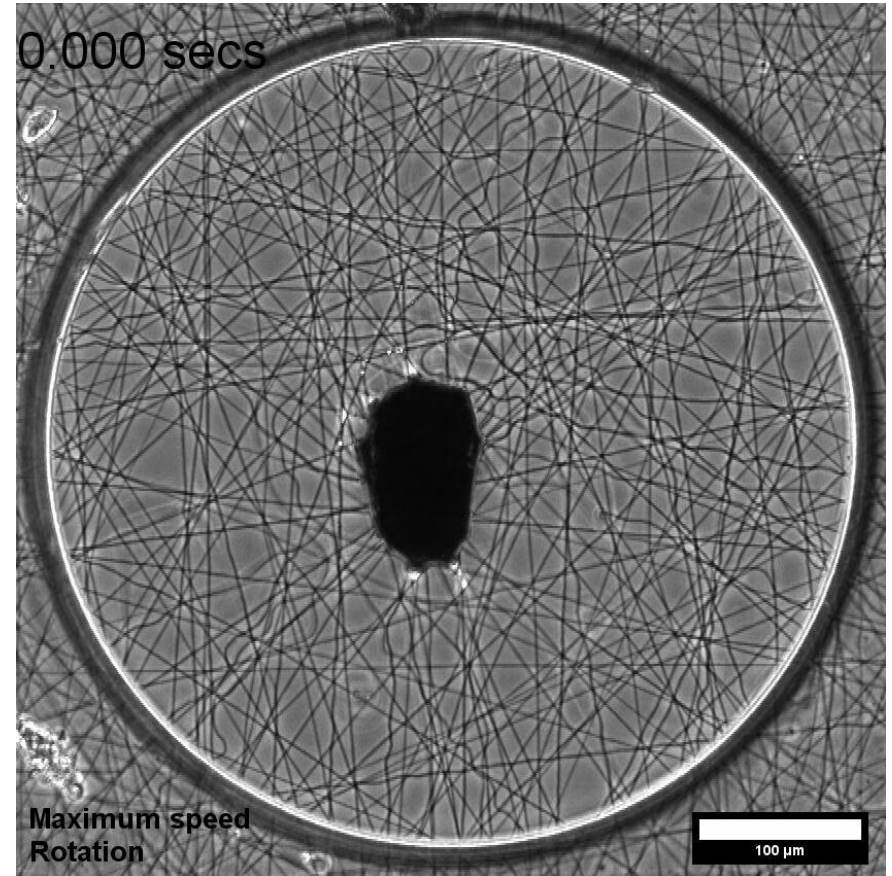
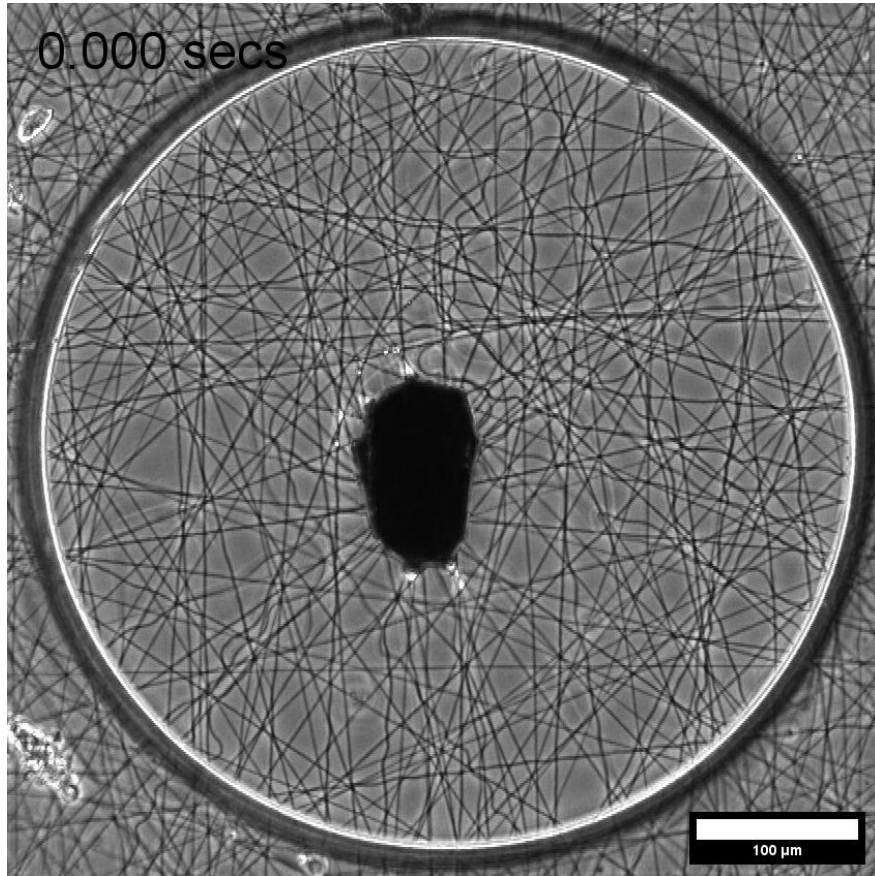
Engineered Fibre Networks: Cell migration

Slingshot migration: elastic energy in migration

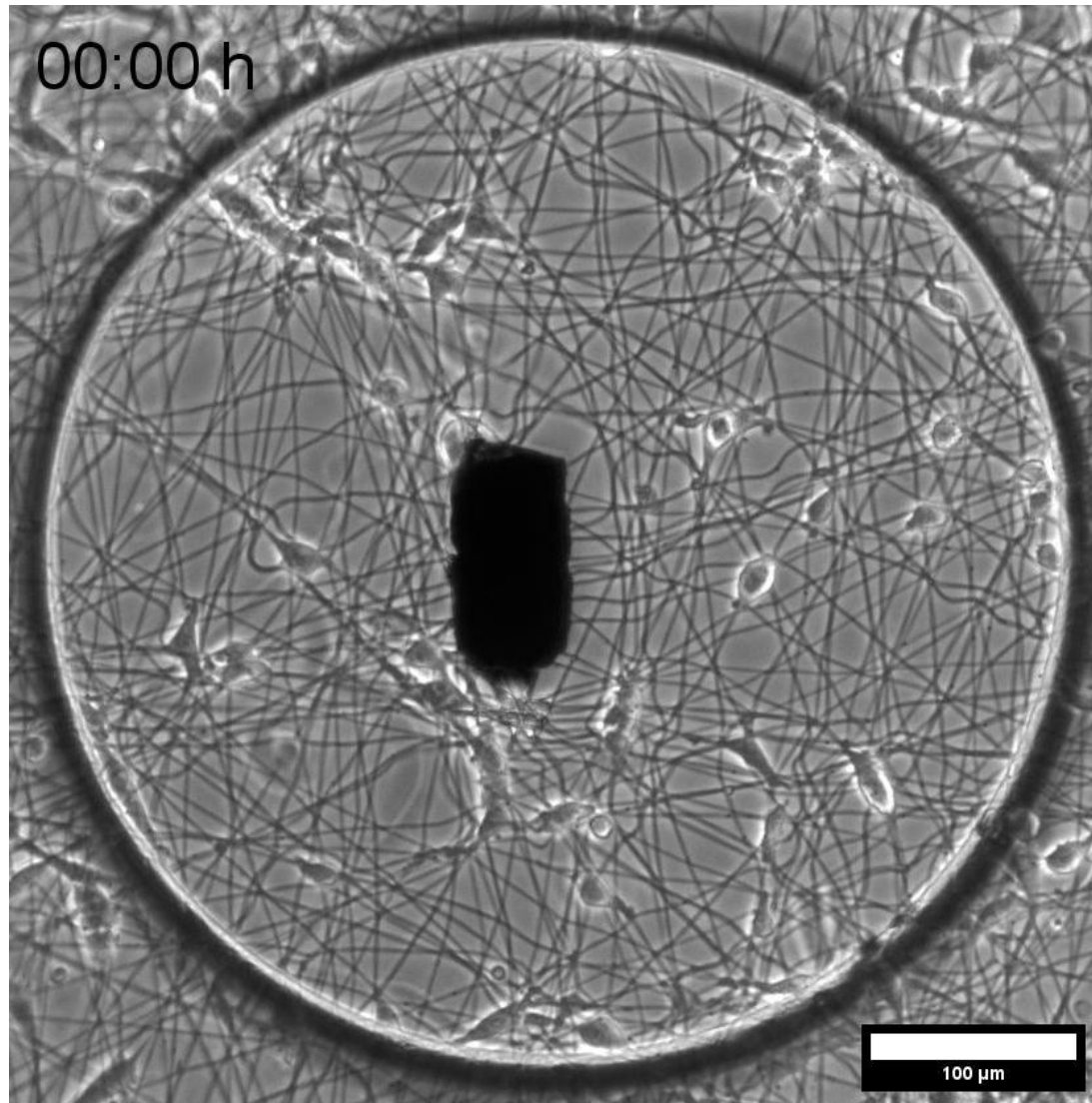


Wang+, **Nat Comm**, 2019

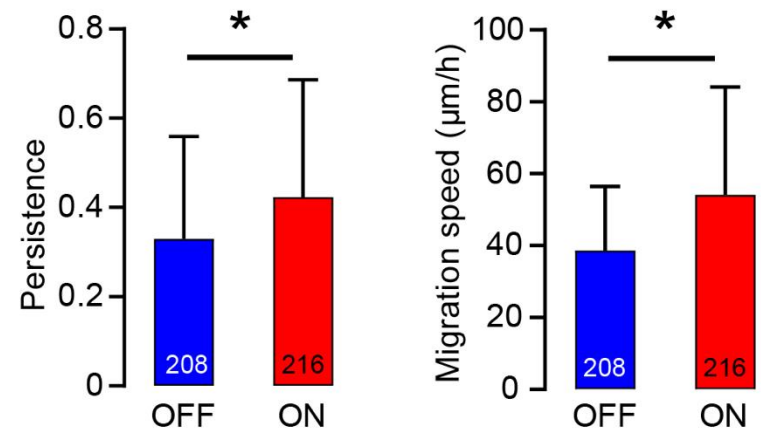
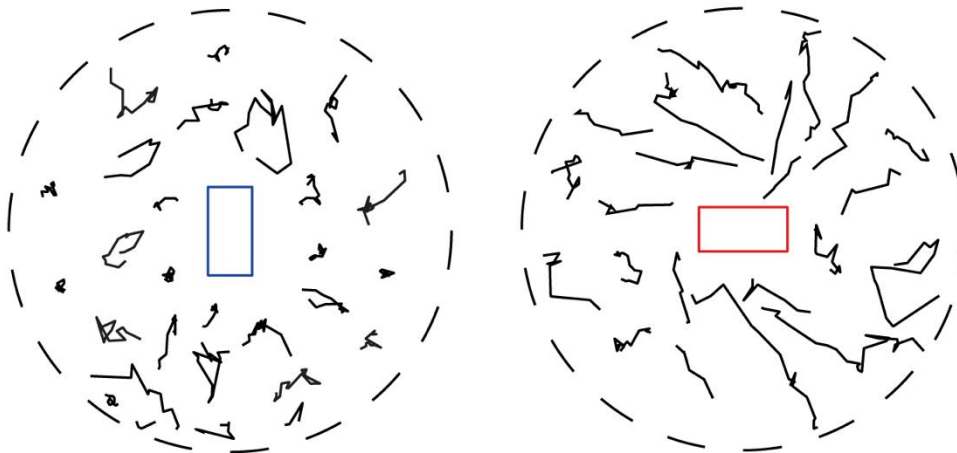
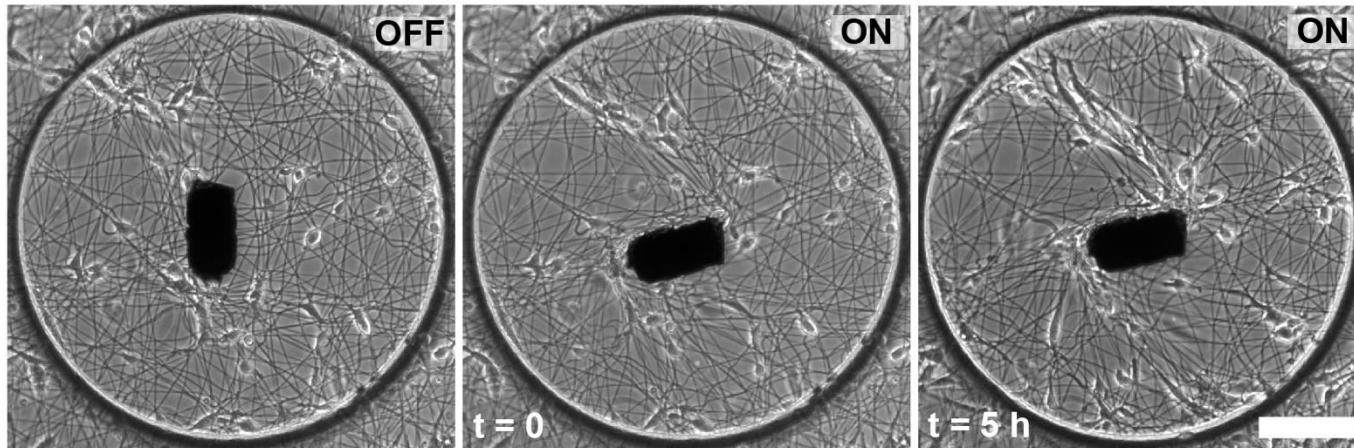
Engineered Fibre Networks: Magnetic manipulation



Engineered Fibre Networks: Cell migration

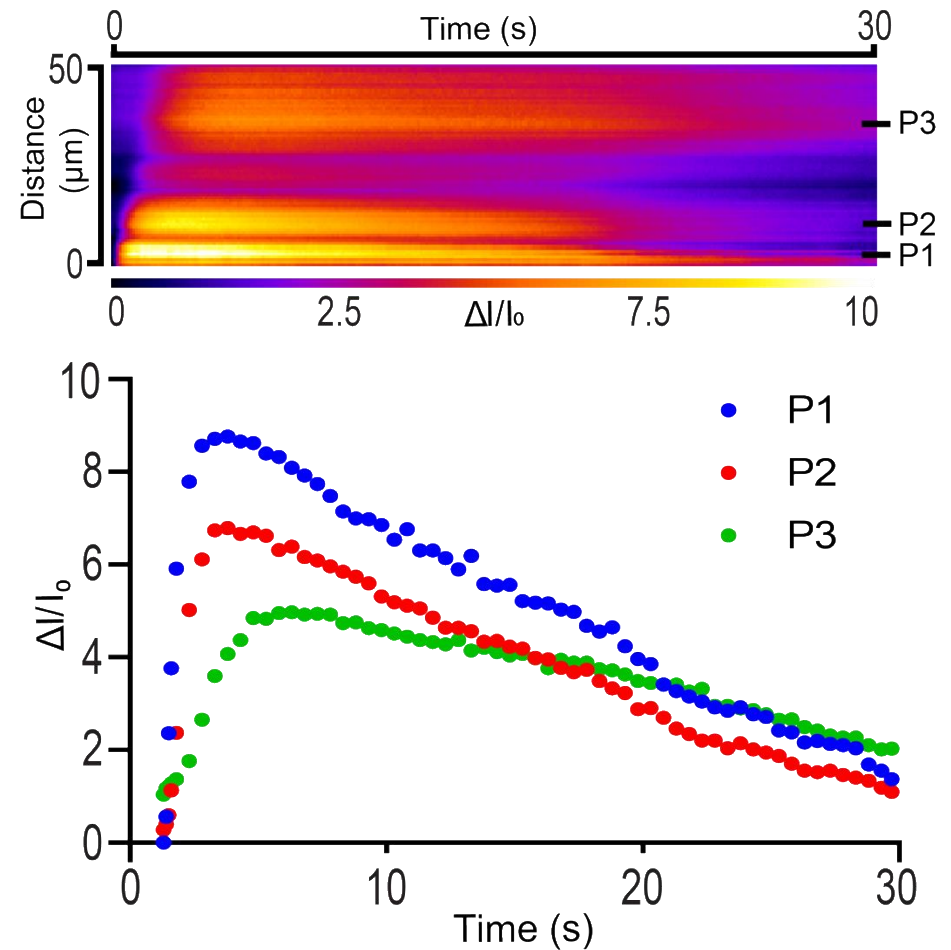
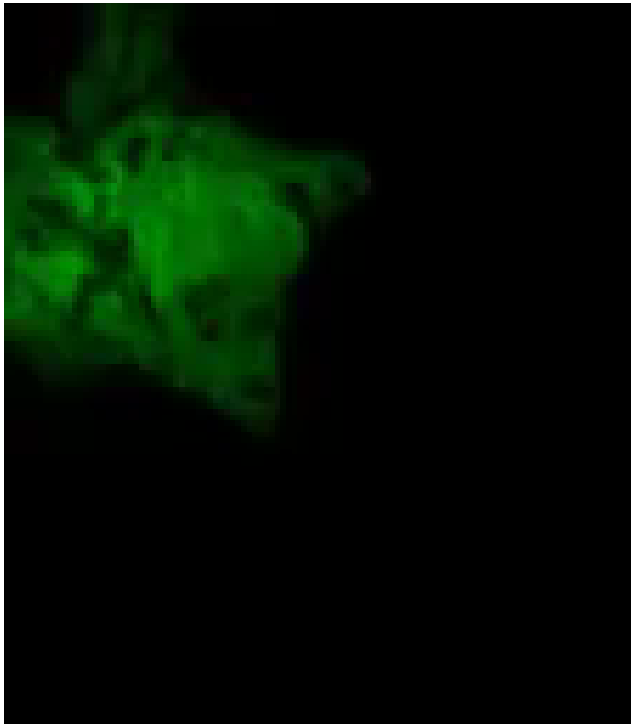


Engineered Fibre Networks: Cell migration



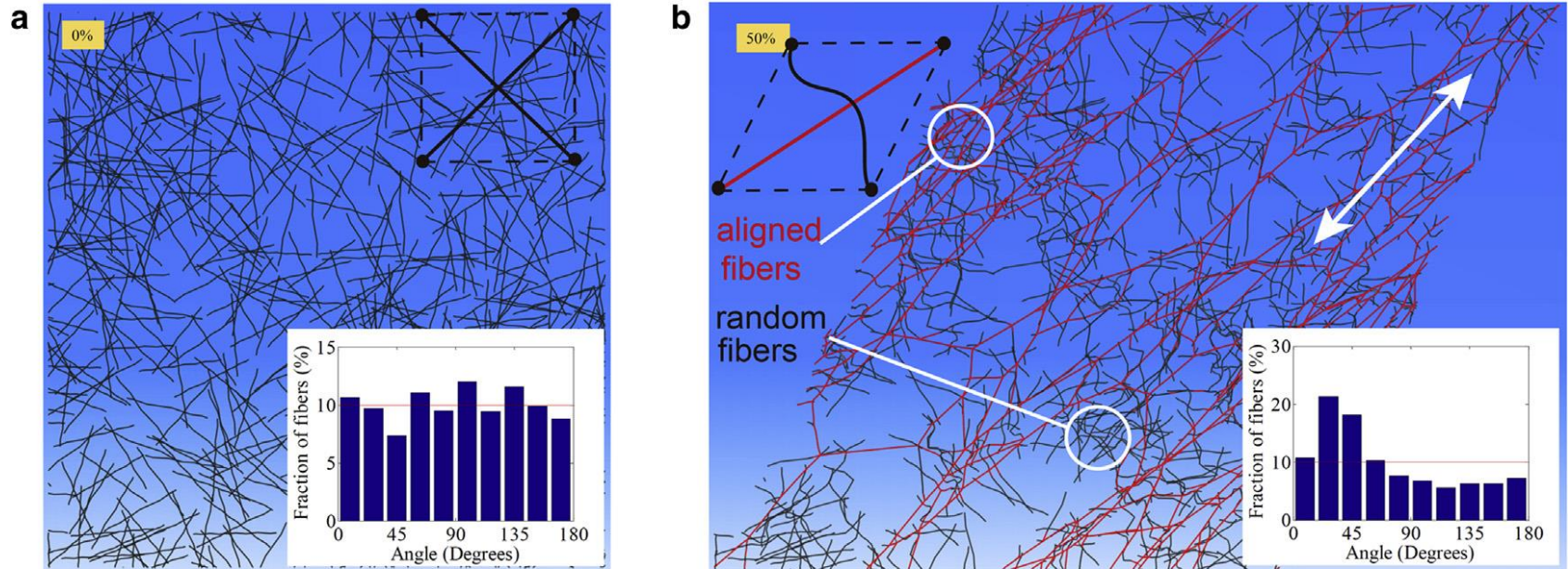
Engineered Fibre Networks: Calcium signaling

Calcium entry and release of stored calcium into the cytoplasm



Discrete fibre networks

- Before and after shear deformation



$$W = W_b + W_f$$

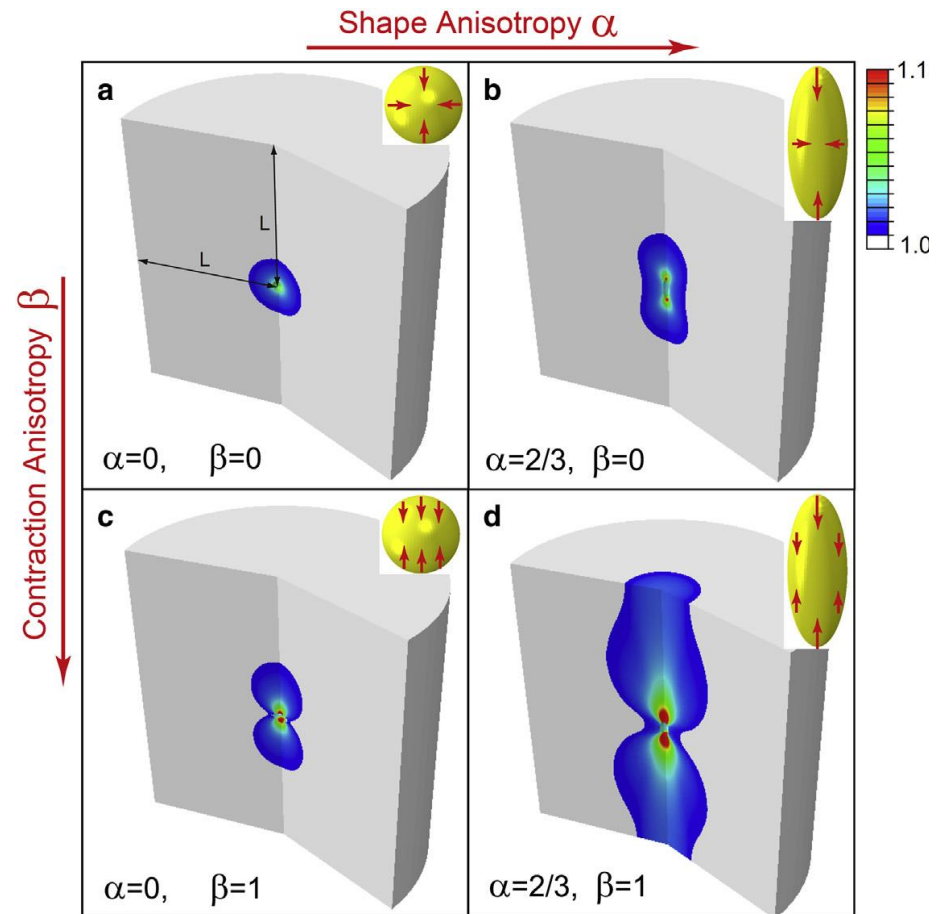
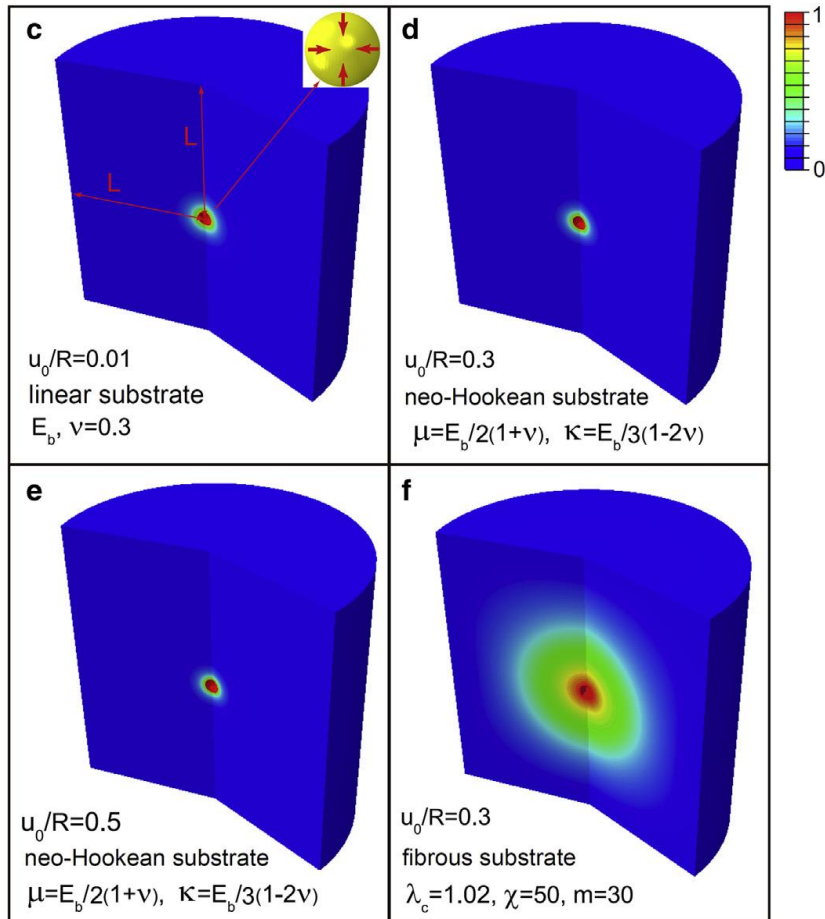
$$W_b = \frac{\mu}{2} (\bar{I}_1 - 3) + \frac{\kappa}{2} (J - 1)^2$$

$$W_f = \sum_{a=1}^3 f(\lambda_a).$$

$$\frac{\partial f(\lambda_a)}{\partial \lambda_a} = \begin{cases} 0 & \lambda_a < \lambda_1 \\ \frac{E_f \left(\frac{\lambda_a - \lambda_1}{\lambda_2 - \lambda_1} \right)^n (\lambda_a - \lambda_1)}{n + 1}, & \lambda_1 \leq \lambda_a < \lambda_2 \\ E_f \left[\frac{\lambda_2 - \lambda_1}{n + 1} + \frac{(1 + \lambda_a - \lambda_2)^{m+1} - 1}{m + 1} \right], & \lambda_a \geq \lambda_2, \end{cases}$$

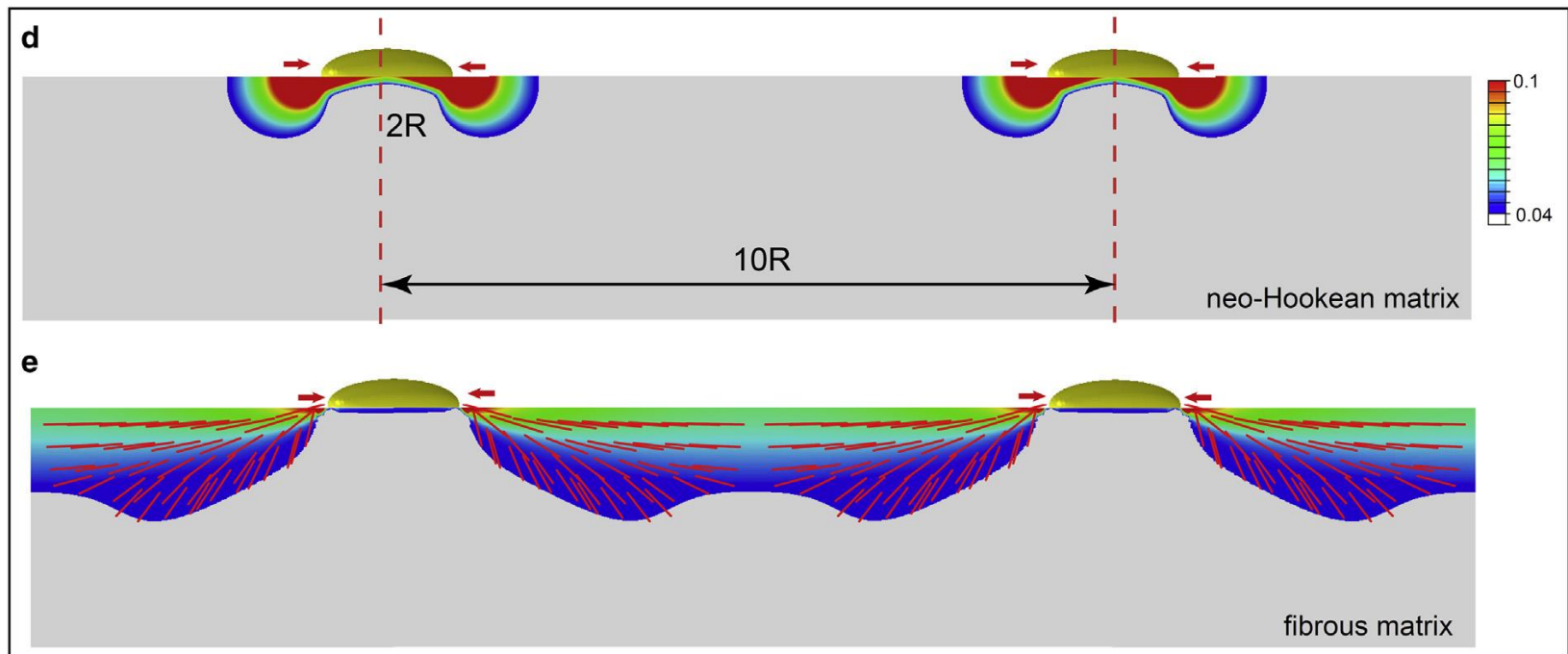
Discrete fibre networks

- Color: Maximum principal stretch



Long range force transmission

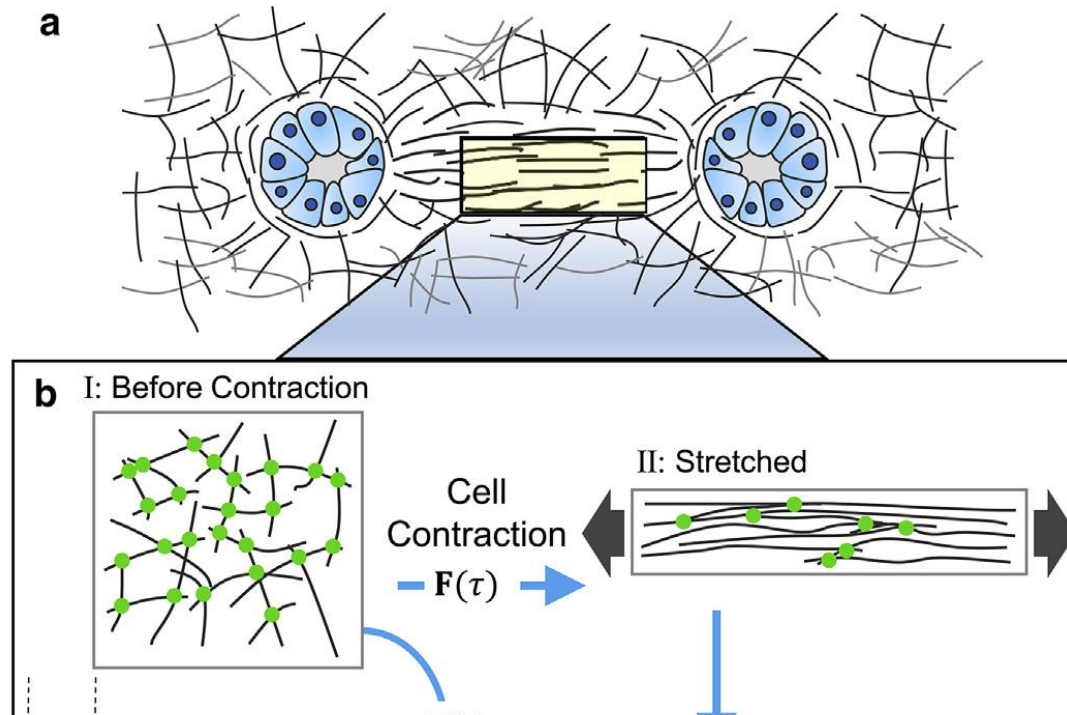
- Interactions of pairs of contractile cells in neo-Hookean and fibrous matrices
- Maximum principal strain.
- Lengths of red lines represent the magnitude of the maximum principle strain and their orientations show the directions of fiber alignment.



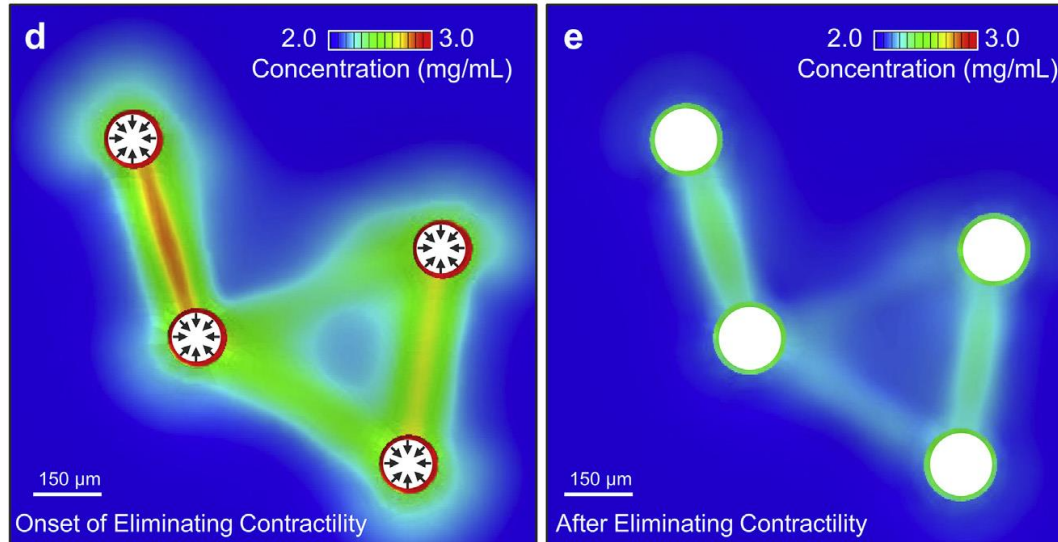
Plasticity

- Formation of weak crosslinks enhanced at increasing stretch ratio
- Association and dissociations rates

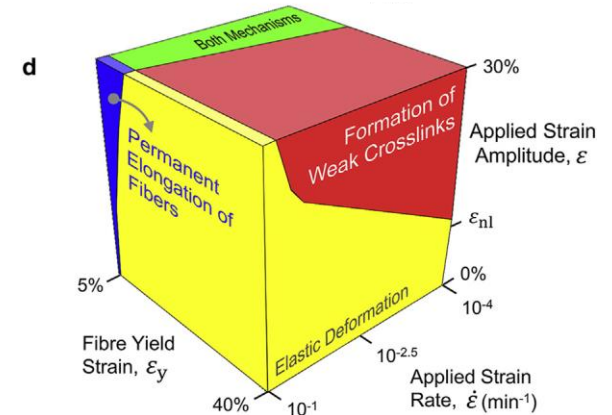
$$\bar{k}_{\text{off}} = \bar{k}_{\text{off}}^0 \exp((\lambda_{\text{max}} - 1)/\bar{\epsilon}_0)$$



Plasticity



- Permanent elongation of fibers
- Strain rate and amplitude and mechanical properties of fibers



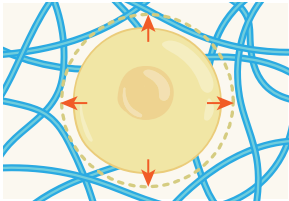
Matrix viscoplasticity

a

Cellular process restricted by confinement

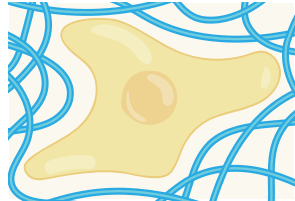
Volume change

Cell growth



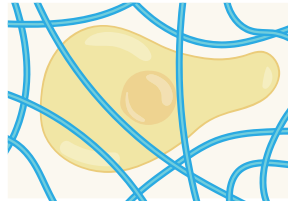
Morphological

Cell spreading

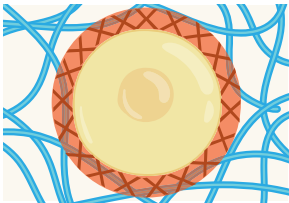


Combination

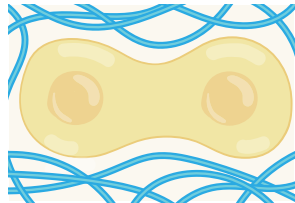
Cell migration



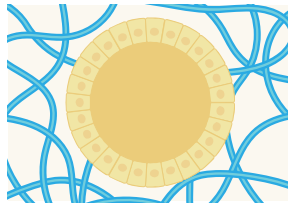
Matrix deposition



Mitosis



Organoid formation



b

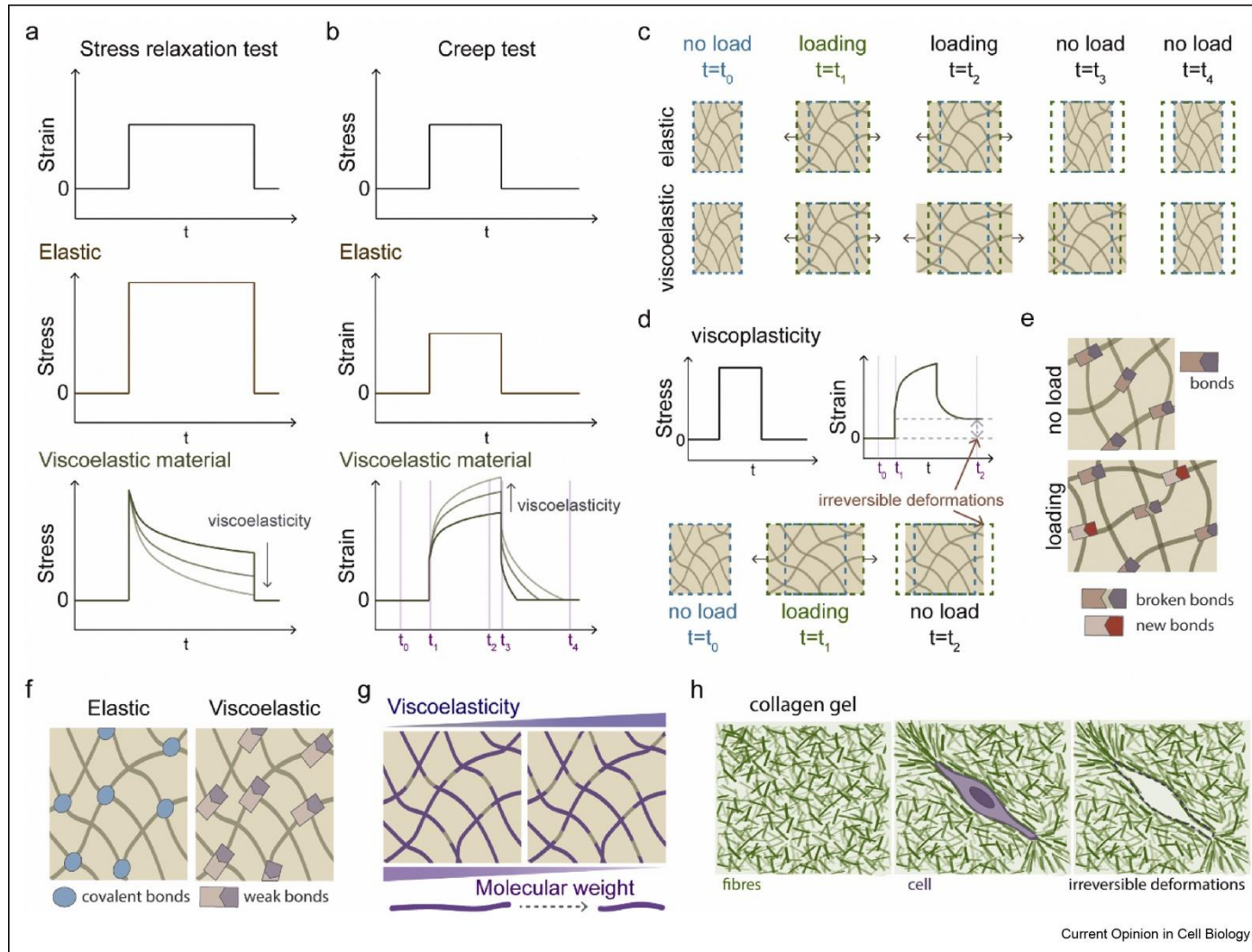
Matrix pore size

Confinement

Matrix degradability

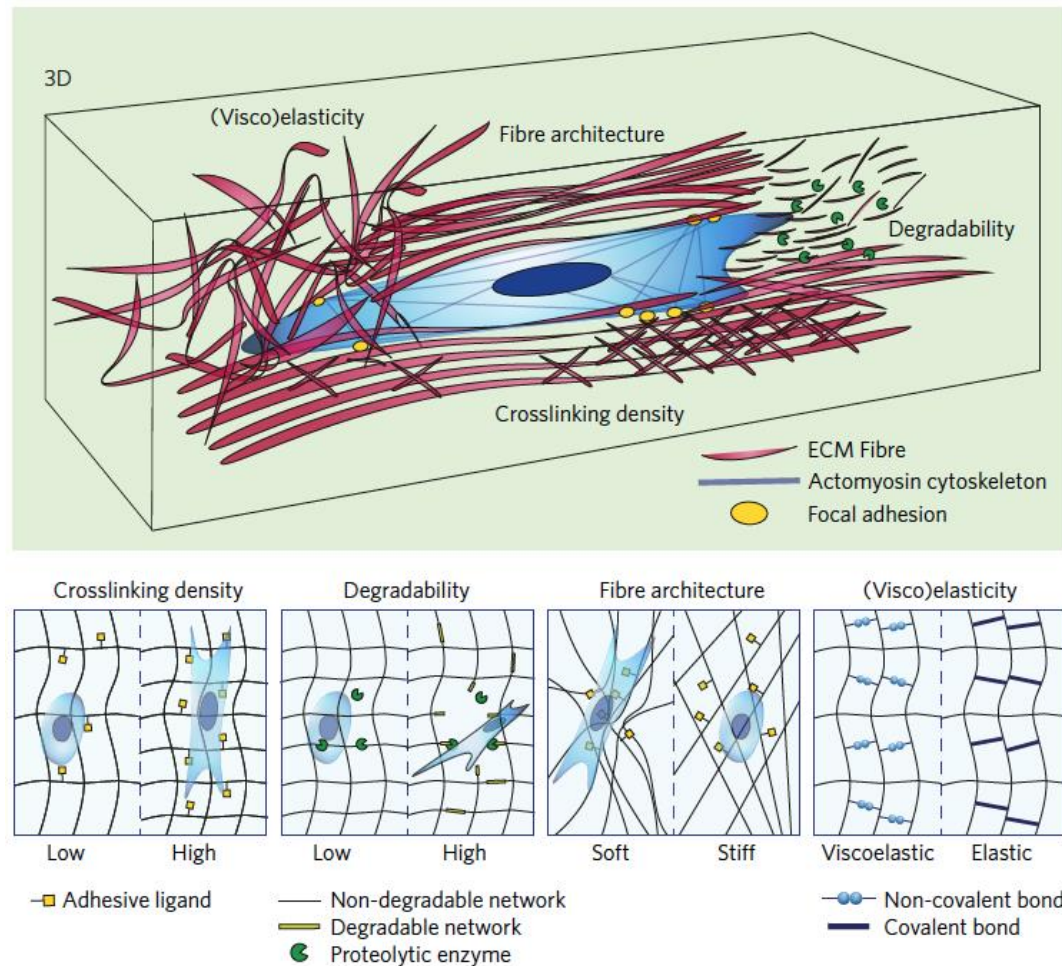
Matrix viscoplasticity

Matrix mechanics



Engineering biomimetic biomaterials

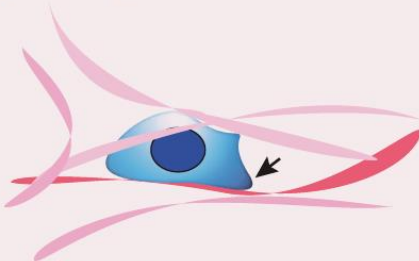
- Combinatorial effects of various factors



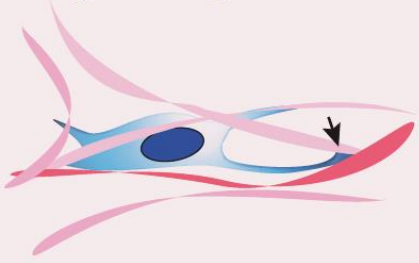
3D culture models of tissues under tension

- Cell-ECM compaction

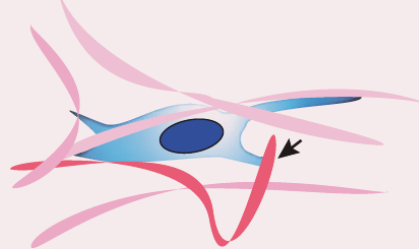
1. Spreading



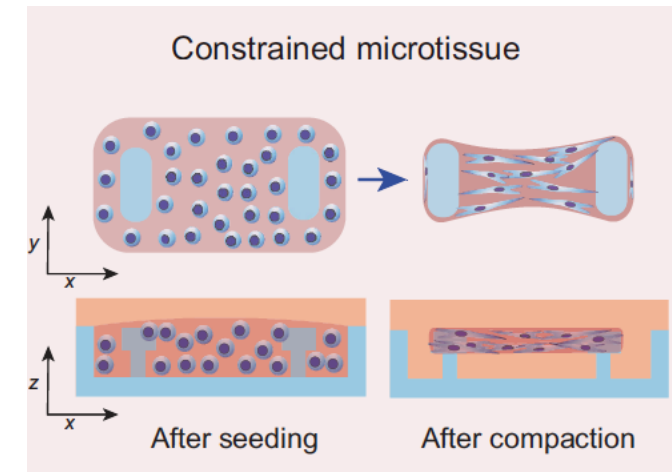
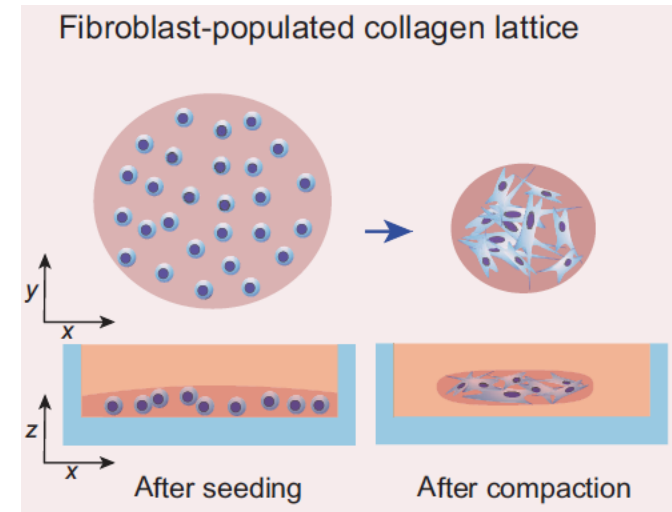
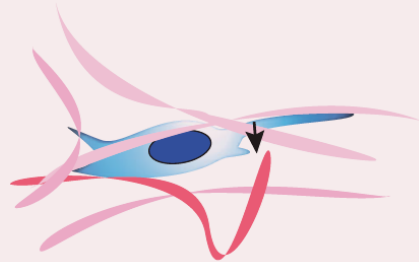
2. Lamellipodia extension and binding to collagen fiber



3. Lamellipodia retraction and fiber recruitment

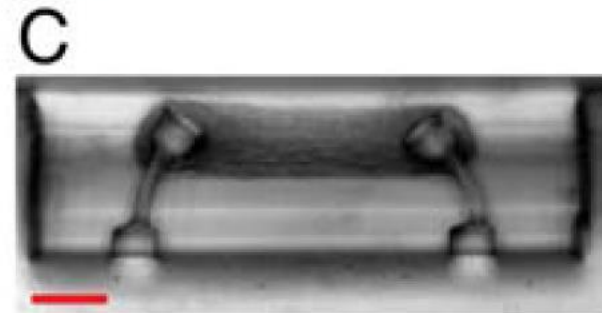
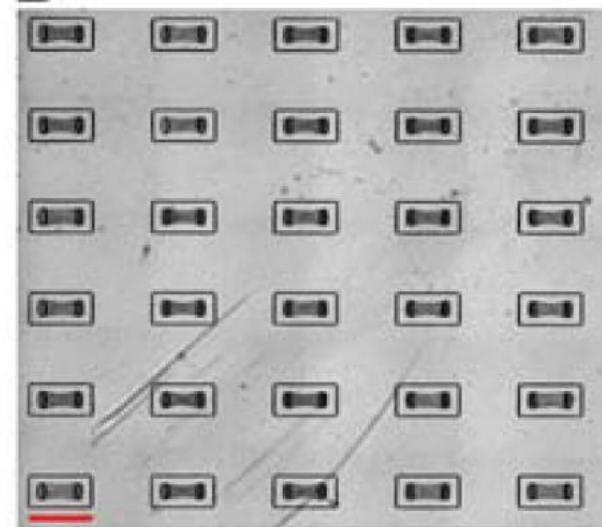
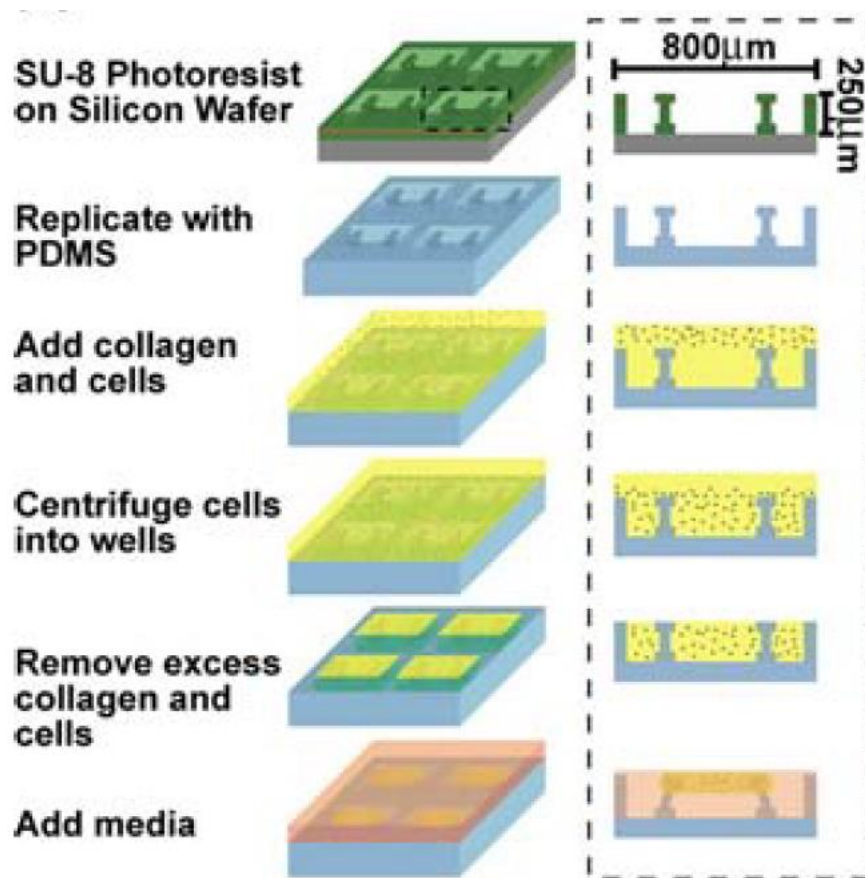


4. Fiber release and stabilization

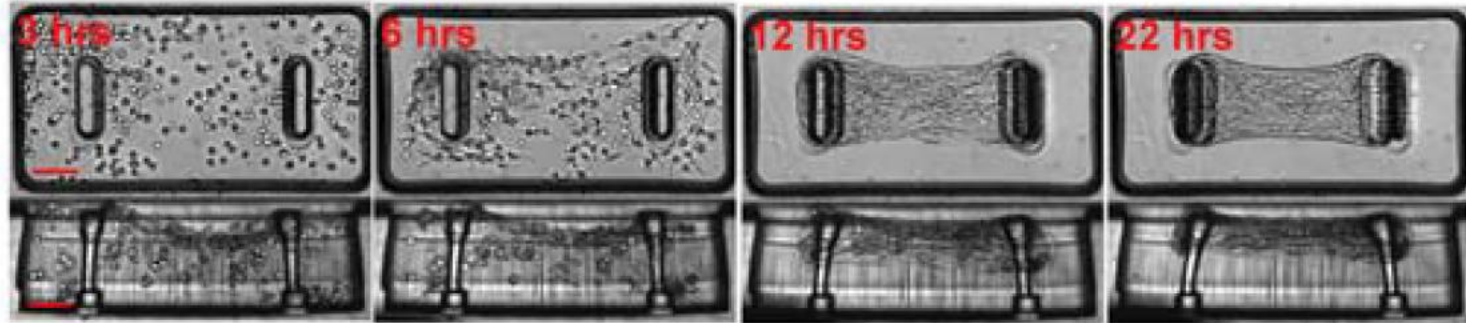


3D culture models of tissues under tension

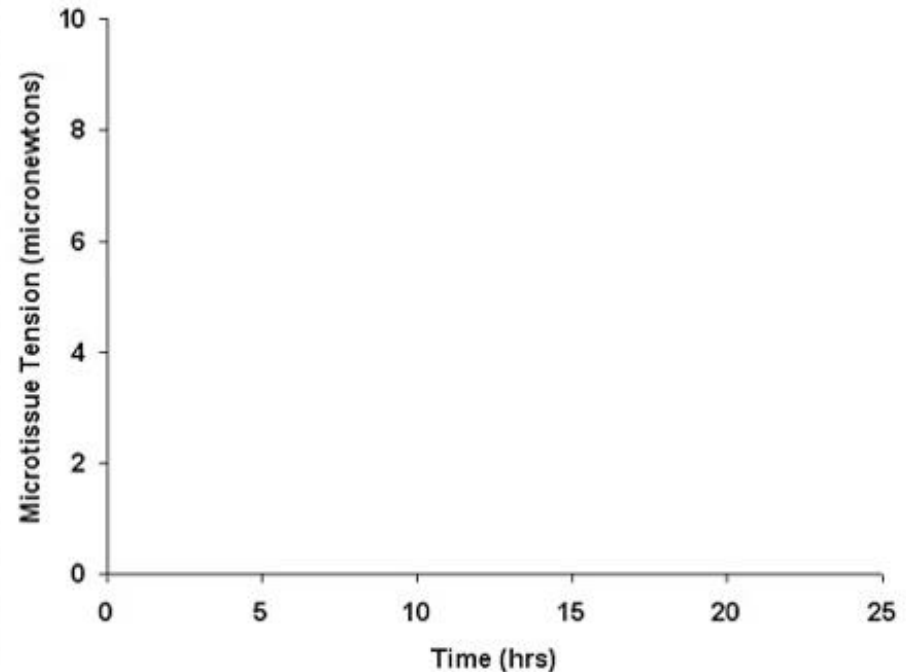
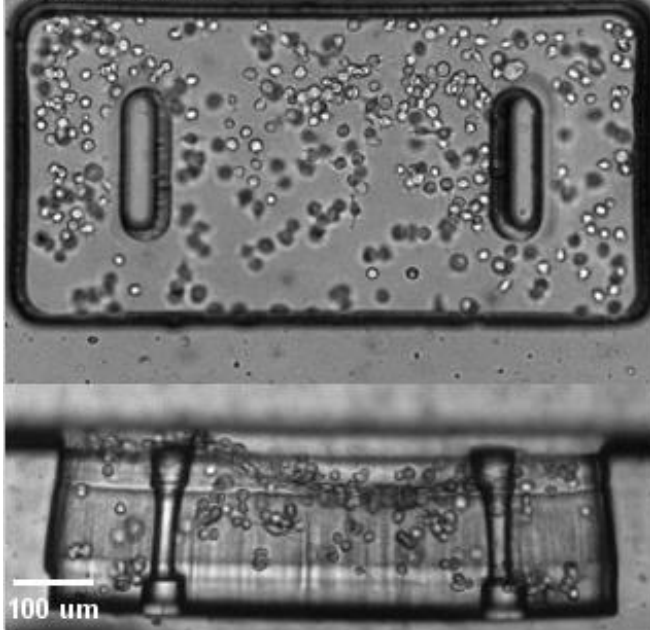
- Microfabricated tissue gauges



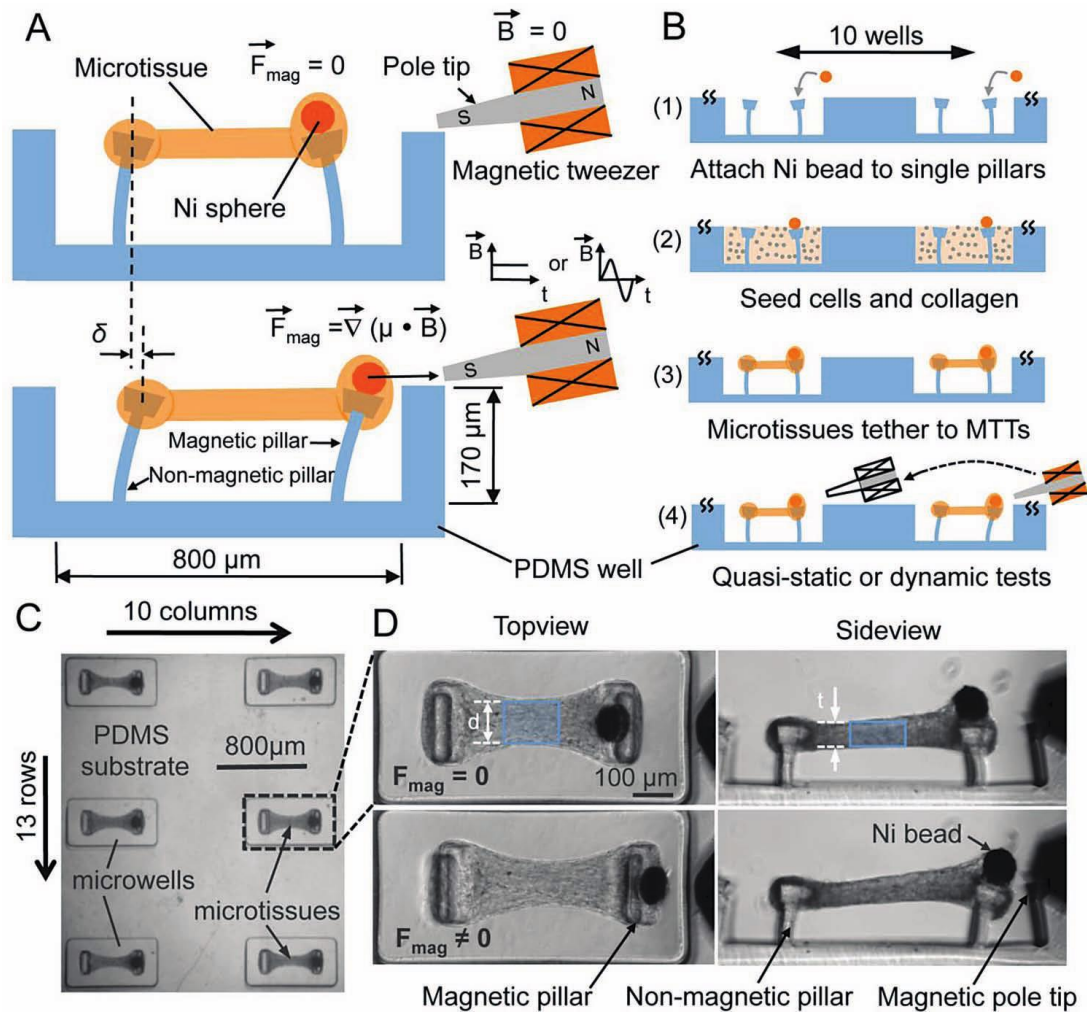
3D culture models of tissues under tension



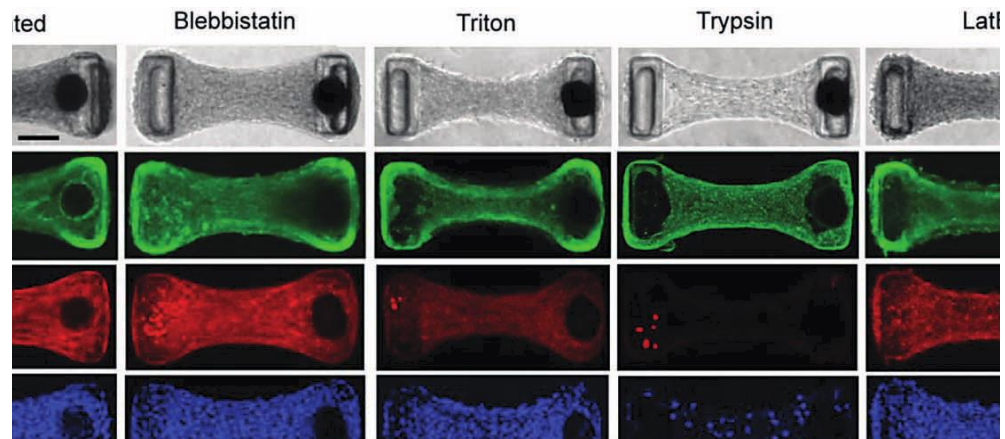
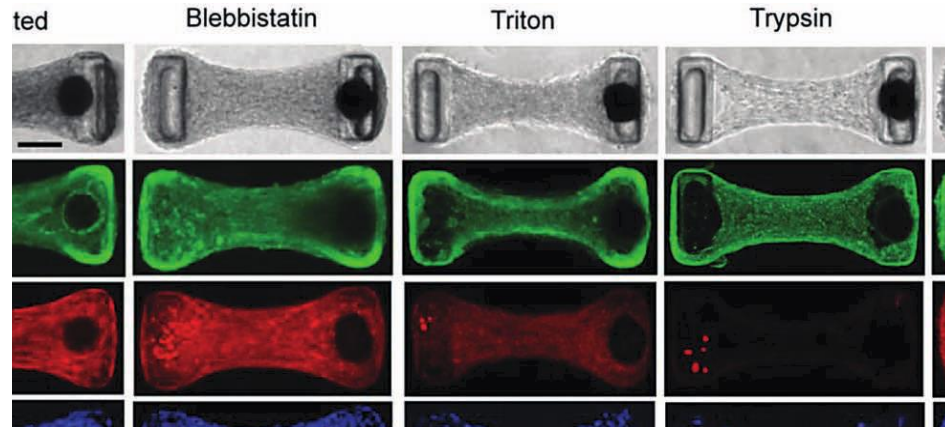
NIH 3T3 microtissue remodeling
 $t = 3\text{hr}:0\text{ min}$



Mechanical characterization

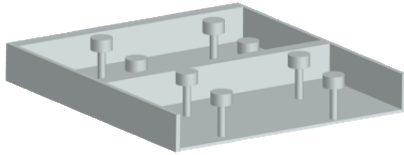


Mechanical characterization

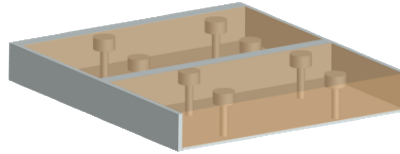


Contractile tissue mechanics: gap closure

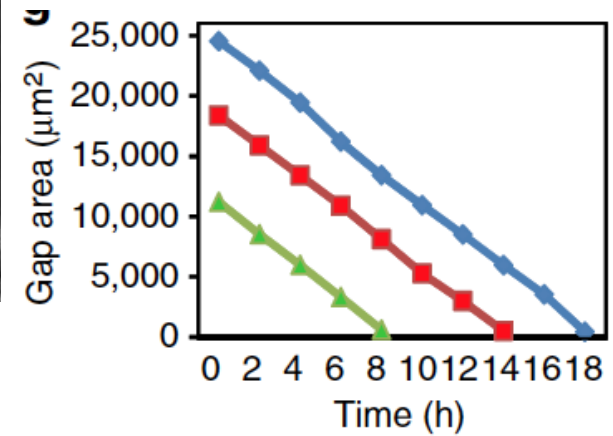
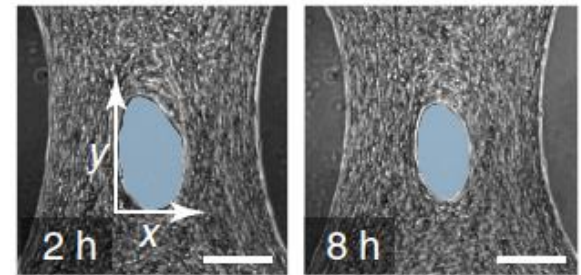
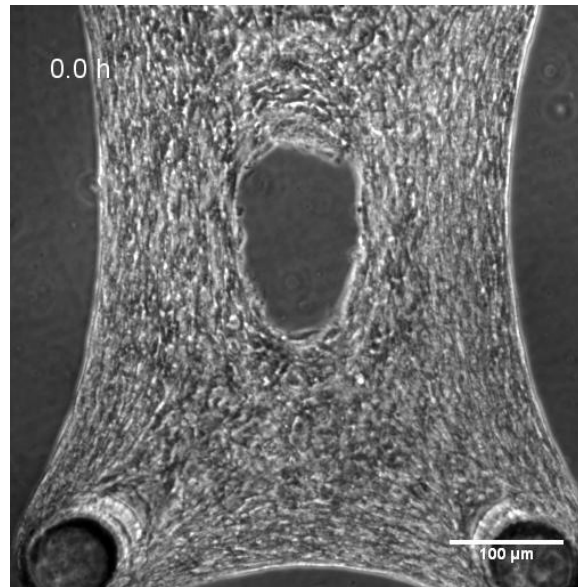
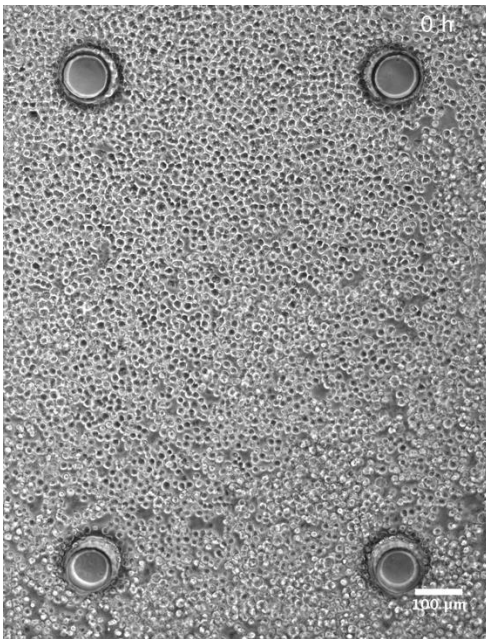
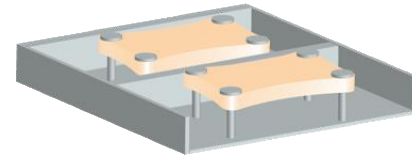
Microfabricated device



Cell/collagen suspension

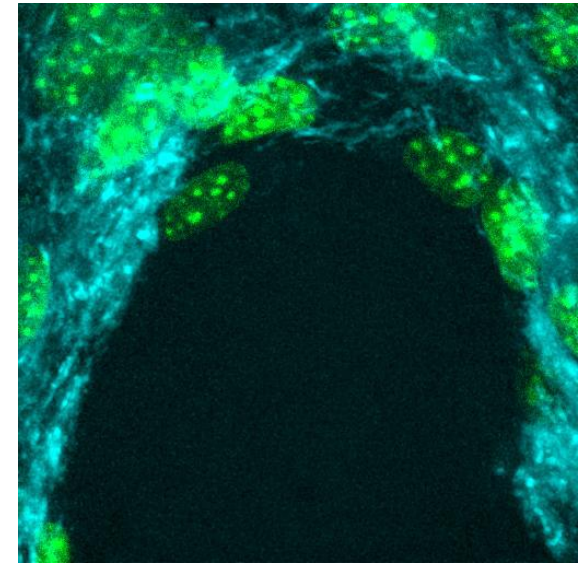
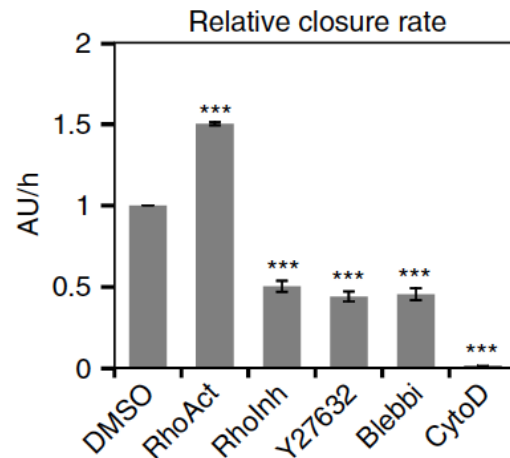
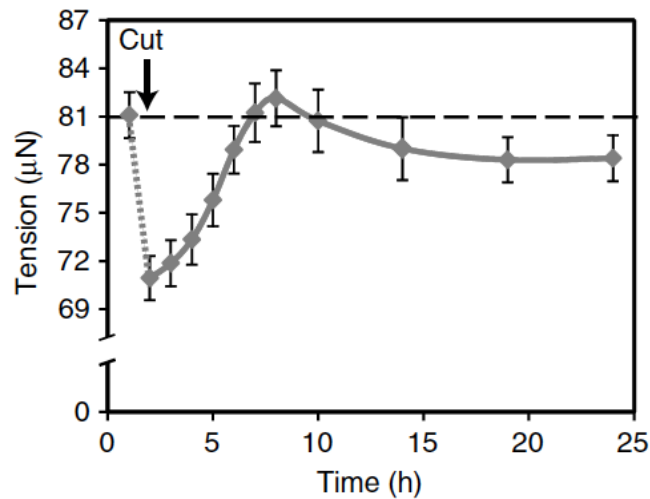


Tissue self-assembly

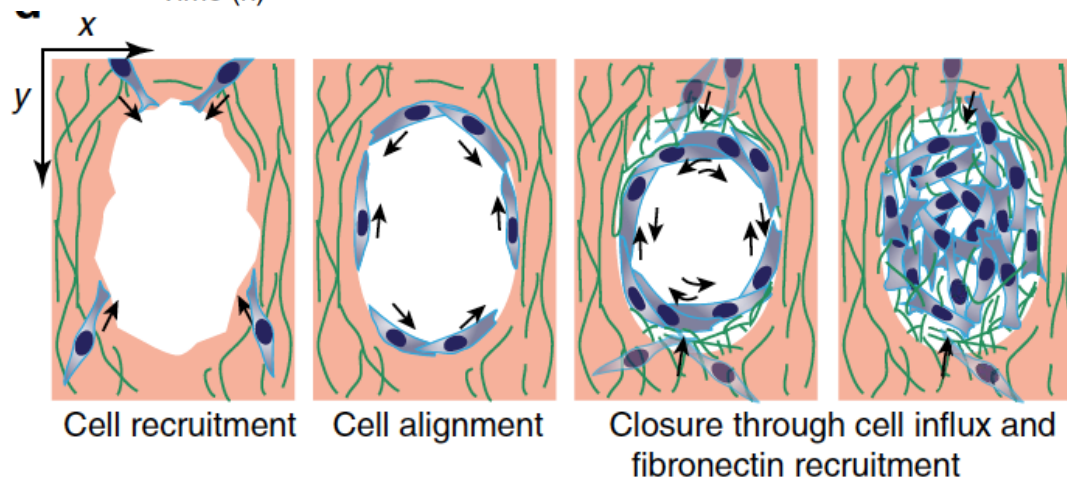


Contractile tissue mechanics: gap closure

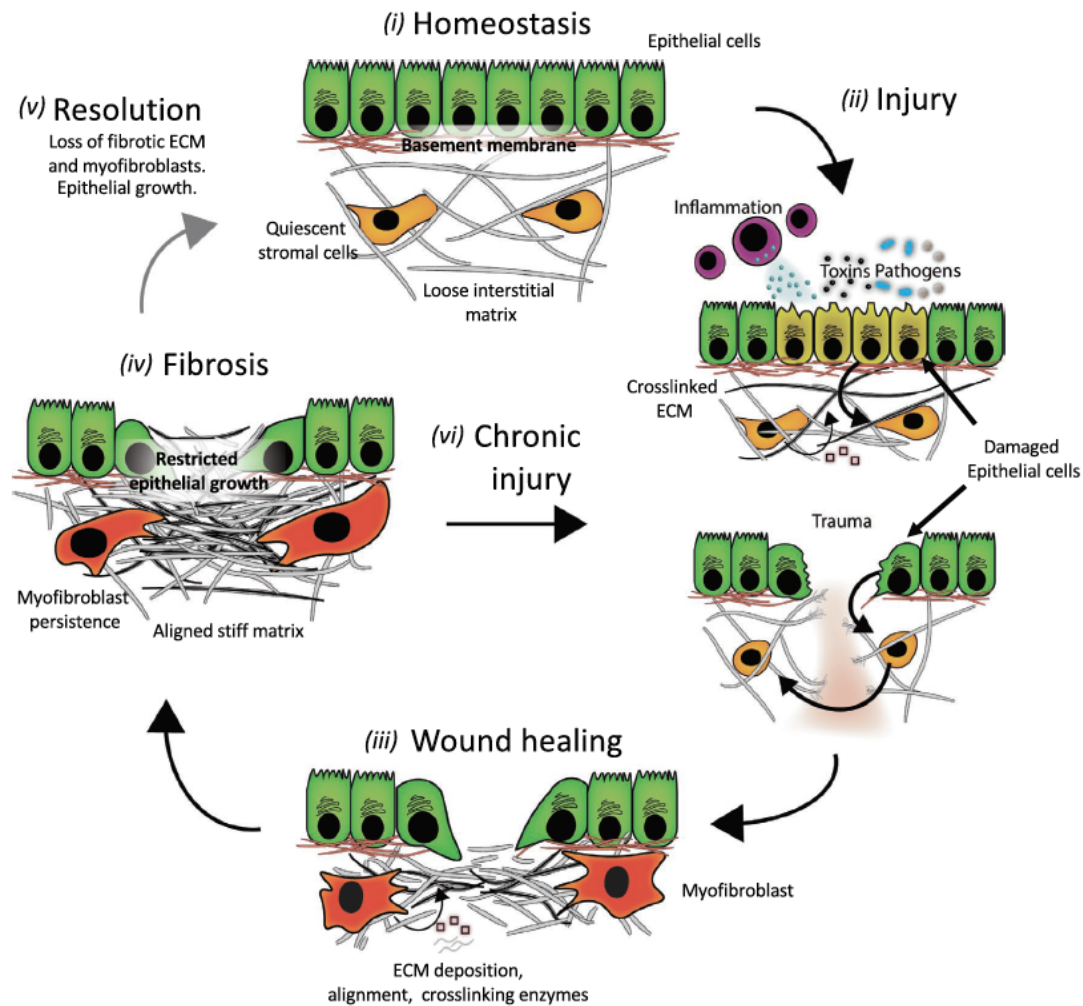
- Cell crawling? Purse-string?



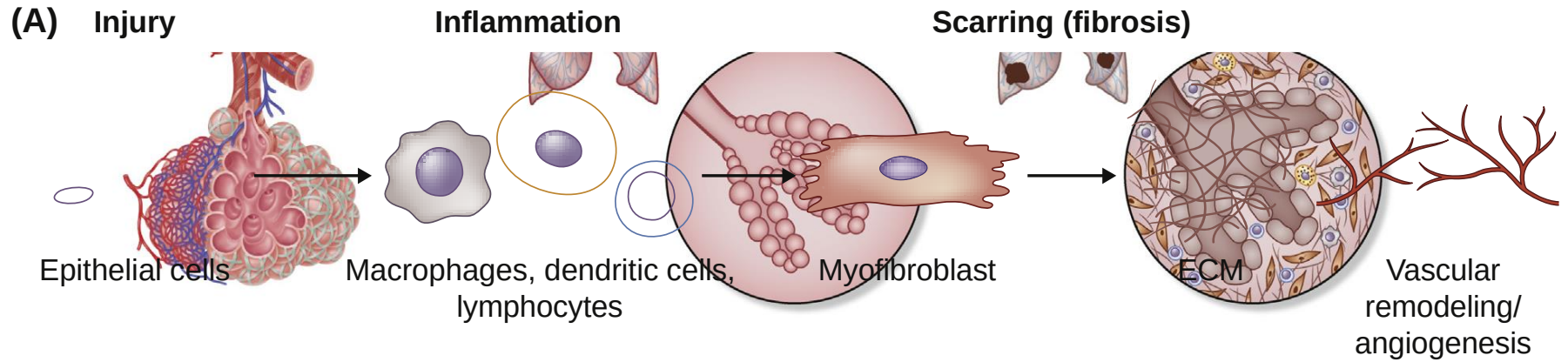
Fibronectin-488 / Nuclei



Tissue fibrosis

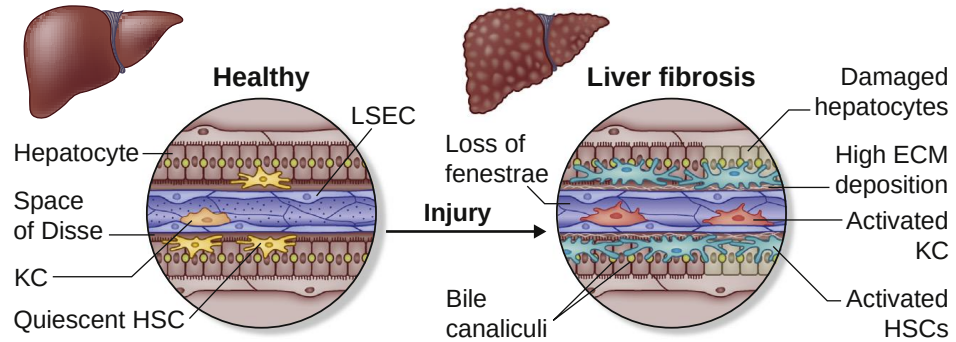
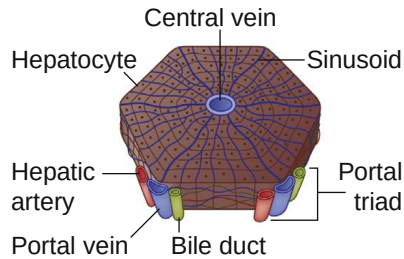


Tissue fibrosis

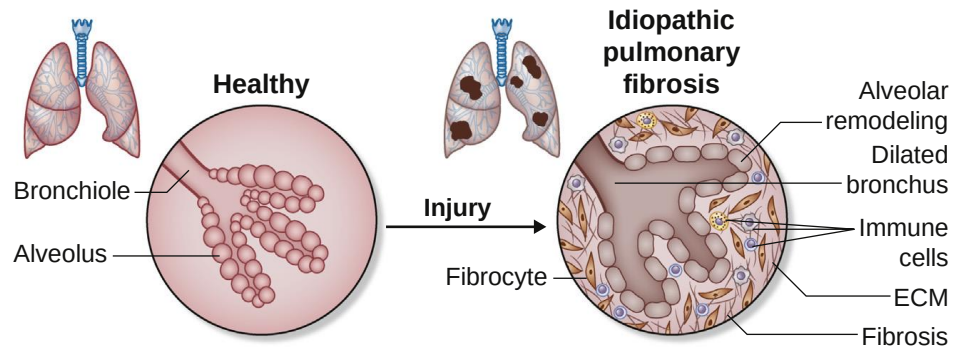
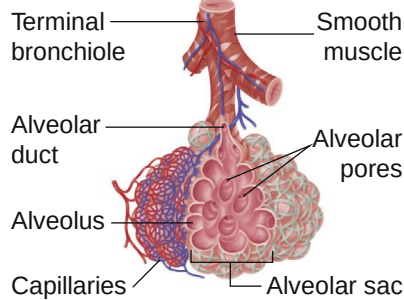


Tissue fibrosis

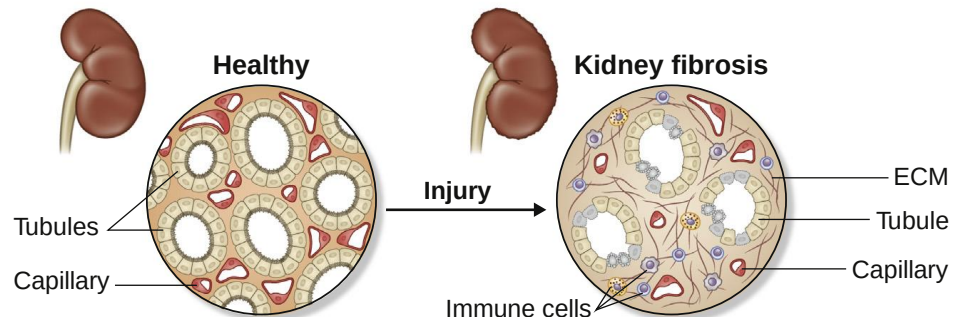
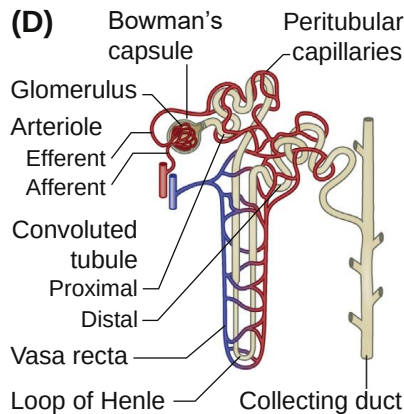
(B)



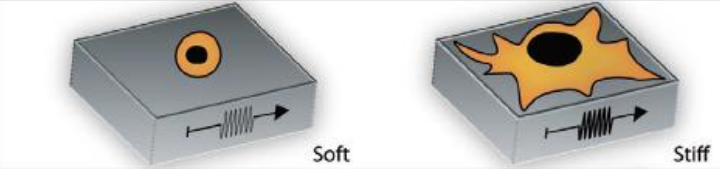
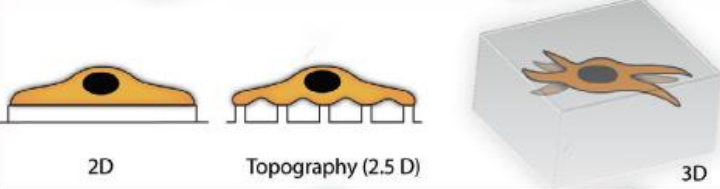
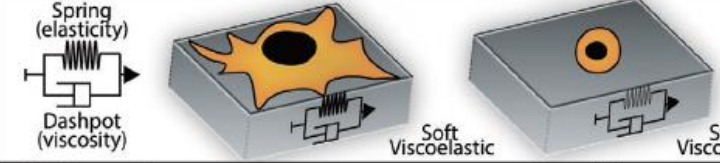
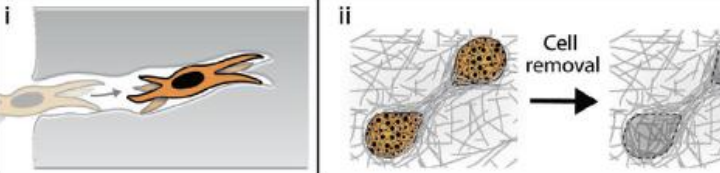
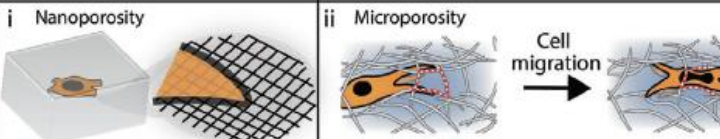
(C)



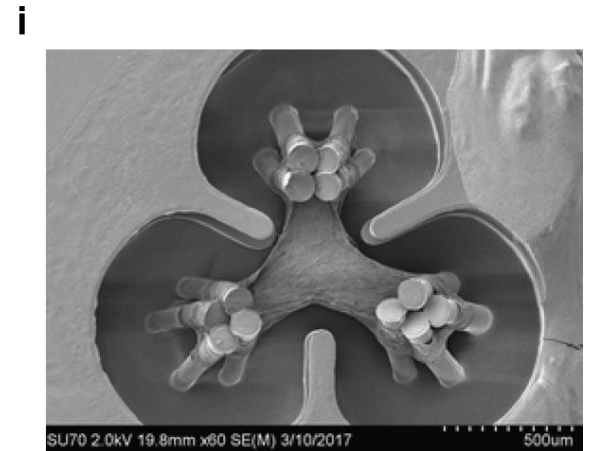
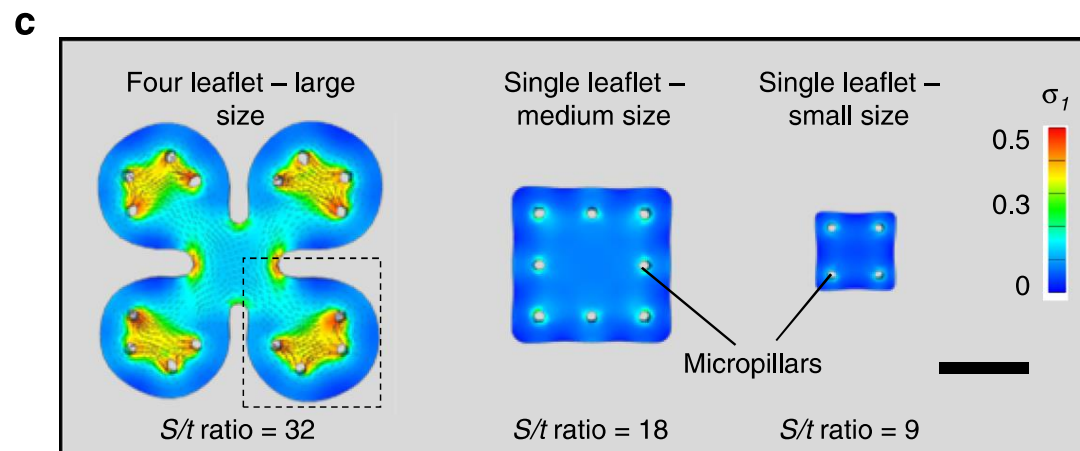
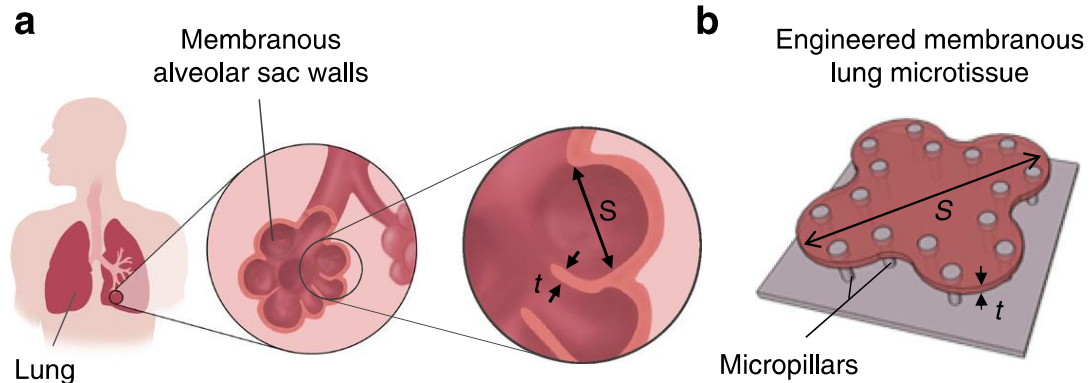
(D)



Platforms to study fibrosis

Stiffness		
Dimensionality		
Viscoelasticity		
Deformability		
Plasticity		
Porosity		

Platforms to study fibrosis



Platforms to study fibrosis

